

centralcoast

NEW SOUTH WALES

Visitor Guide Vol. 4

FROM HEADLAND TO HINTERLAND, YOU'LL LOVE THE CENTRAL COAST



LOVECENTRALCOAST.COM

Ghosties Beach by James Horan



Spoon Bay by David Ross

AWARDS & RECOGNITION

Eco Certified
Destination since 2022



National Trophy Winner:
Outstanding Region



Green Destinations
Story Awards



NSW Tourism Awards



NSW Top Tourism Town Awards



Other awards



National Banksia Sustainability Awards



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Events to add to your calendar

We acknowledge the Traditional Custodians of the land on which we live, work and play.

We pay our respects to Darkinjung country, and Elders past and present. We recognise the continued connection to these lands and waterways and extend this acknowledgement to the homelands and stories of those who also call this place home. We recognise our future leaders and the shared responsibility to care for and protect our place and people.



WHERE TO FIND US

Getting here and about

Stretching for 80 kilometres along the east coast of New South Wales, north of Sydney and south of Newcastle, the Central Coast is a vast region that is comprised of abundant natural beauty. Its landscape is a diverse mix of beaches and coastline, inland waterways, lush hinterland and idyllic rural pockets, among its many laidback towns and thriving small cities.

Car

From Sydney, drive north along the Pacific Highway to the M1 Pacific Motorway. From Newcastle, drive south on the M1 Pacific Motorway or the A43 Pacific Highway south.

There are three key exits off the M1 to access the Central Coast:

Central Coast Highway: Signs marked Gosford, Woy Woy, Terrigal

Wyong Road: Signs marked Wyong, Tuggerah, The Entrance, Yarramalong

Sparks Road: Signs marked Wyong, Warnervale, Wyee, Toukley

Other exits from the M1 include Mooney Mooney, Calga, Somersby, Peats Ridge and Ourimbah, which will take you to hinterland towns and inland suburbs.

Train

TransportNSW runs regular intercity services to the Central Coast, departing approximately every half-hour from Sydney and every hour from Newcastle, with travel time approximately 90 minutes from each. Key stations to disembark include Woy Woy, Gosford, Ourimbah, Tuggerah and Wyong.

Ferry

Palm Beach Ferries operate daily services between Palm Beach (in northern Sydney) and Ettalong Beach (on the southern Central Coast). Visit their website or call 02 9974 2411.

Boathouse Ferry Co. operates ferries between Palm Beach and Patonga at certain times throughout the year. Visit their website or Instagram.

If you're coming from the Hawkesbury River, Wisemans Ferry vehicular ferry service operates daily. It's a 90-minute drive from Wisemans Ferry to Gosford via Spencer. Call 02 4560 4620.

Central Coast Ferries run on Brisbane Water daily; call 0418 631 313 to enquire.

Bus

Buses depart regularly from key Central Coast railway stations and the Ettalong ferry wharf to towns such as Terrigal, Avoca Beach, Woy Woy, Long Jetty and Soldiers Beach. Plan your trip at transportnsw.info

Air

It is approximately a 90-minute drive to Gosford from Newcastle Airport and Sydney Kingsford Smith Airport.

Trains run from Sydney Airport to Central station, where you can change for services to the Central Coast. Shuttle bus services are available, but bookings are essential.

Love, Central Coast



Visitor information

LOCAL GUIDES

Call in and meet friendly staff and volunteers at our two key accredited Visitor Centres who will assist you with town centre and Central Coast information, accommodation, maps, directions, souvenirs and regional NSW information. They'll also share local secrets on lesser-known but spectacular places to add to your own tailored Central Coast itinerary. Note: Toukley, Mangrove Creek, and Maitland Bay spaces are largely self-serve with limited hours.

Visitor Information Centres			
Central Coast Visitor Information Centre	Memorial Park, The Entrance NSW 2261 Operating Hours: Daily 9.30am-4.30pm	(02) 4304 7211 Toll free 1800 335 377	
Ettalong Diggers Visitor Information Centre	51-52 The Esplanade, Ettalong Beach NSW 2257 Operating Hours: Daily 8.30am-5pm	(02) 4343 0140	
Toukley Visitor Centre	Wallarah Peace Park, Gorokan NSW 2263 Operating Hours: Daily 10am-4pm	(02) 4392 6299	
Maitland Bay Information Centre	174 The Scenic Rd, Bouddi NSW 2251 Operating Hours: Times vary	(02) 4320 4200	
Mangrove Creek Dam Visitor Centre (Unmanned)	Mangrove Creek Dam, Kulnura NSW 2250 Operating Hours: Daily 9am-5pm		



Let our Visitor Centres guide
your journey - tailored to your
perfect trip.



Play all day

Wherever you spot this symbol, you'll find tips to make the most of the Central Coast's family-friendly fun - from beaches and bushwalks to eats, stays, and everything in between. A place where laid-back living meets natural wonder, and every day brings back those warm, family holiday memories of yesteryear.

WELCOME TO

The Central Coast

The Central Coast is a vibrant and sustainable New South Wales destination. Dotted with town centres, seaside hamlets and hinterland villages. Enriched by a diverse community of makers, creators, and innovators. Every guest can embrace adventure and excitement from bay to bush, from beach to back roads.

Every nook and neighbourhood of the Coast offers you unique possibilities in business, lifestyle, culture, education, nature and more.

We invite you to explore the variety of characters who live, work and play here, each making up the rich tapestry of the NSW Central Coast from headland to hinterland.



Tread lightly, travel deeply

As a certified ECO Destination, the NSW Central Coast invites you to explore with care and curiosity. Where you see this icon, you'll find simple, eco-friendly tips designed to help you take only memories with you, and leave only footprints behind.



Travel without limits

Keep a keen eye out for this symbol to find places designed or modified with accessibility in mind - so everyone from little explorers to seasoned wanderers can enjoy the Central Coast with ease, comfort, and freedom.



Mount Ettalong Lookout by Ashleigh Sara Morris

OUR ECO DESTINATION

Protecting our natural assets

As a certified Australian ECO Destination since 2022, we place a high value on our natural environment. After all, the Central Coast is a special place – not only to us, but also to the protected flora and fauna that live here.

Over half of the Central Coast is natural space, with national parks, forests, bushland, beaches, and waterways offering locals, visitors and creators alike a deep sense of connection to the land. As a certified Green Destination, we're committed to protecting its richness through sustainable tourism.

From Wyrabalong National Park's coastal trails to thundering Somersby Falls, all the way to Dharug National Park's World Heritage-listed Old Great North Road, nature here invites you to explore with care, so that the wild stays wild.



Want to know how you can love the coast, but leave it better? Explore how to go eco.





Terrigal by James Vodicka



Peninsula Recreation and Active Lifestyle Precinct, Umina Beach



Fishermans Wharf by Nikki To

View to Lion Island by James Vodicka



Fun for the whole family

The Peninsula Recreation Precinct at Umina Beach is a coastal playground with a skate park, courts, and a huge kids' play area - perfect for active, sun-filled family days.

NEIGHBOURHOOD GUIDES

Come and wander through our towns



Explore, eat, play and stay.

Ask anyone what the Central Coast is known for, and they'll probably say beaches. With over 40 to choose from, it's no wonder our coastal towns - like Umina, Norah Head, Terrigal and Avoca - are the go-to spots for surf, sand and seafood. But there's more to explore beyond the shoreline. Long Jetty is a creative hub with vintage vibes and panoramic lake views. Toukley's got a cool,

laid-back energy. Head inland and you'll find Yarramalong and Mangrove Mountain - country villages where the air is fresh and the pace is slow. Gosford is changing fast, with new dining, arts, and waterfront spaces. And Wyong? It's a town steeped in history, with a cultural heartbeat that's hard to miss. We love every corner of this region - and we're excited to show you around.



Tour our towns with ease. Scan for insider tips on where to eat, stay, and explore like a local.

NEIGHBOURHOOD GUIDES

The Peninsula

The southern end of the Coast is where laid-back living meets natural beauty - with breezy trails, welcoming towns, and stays for every kind of traveller.

The Peninsula curves around Broken Bay and Brisbane Water, offering a blend of coastal charm and relaxed adventure. At its southern tip, Patonga is a quiet hamlet where bushland meets the bay. Nearby, Killcare pairs luxury with nature - home to the acclaimed Bells at Killcare and the dramatic Bouddi Coastal Walk. Umina Beach is a family favourite, with gentle surf and the ever-popular

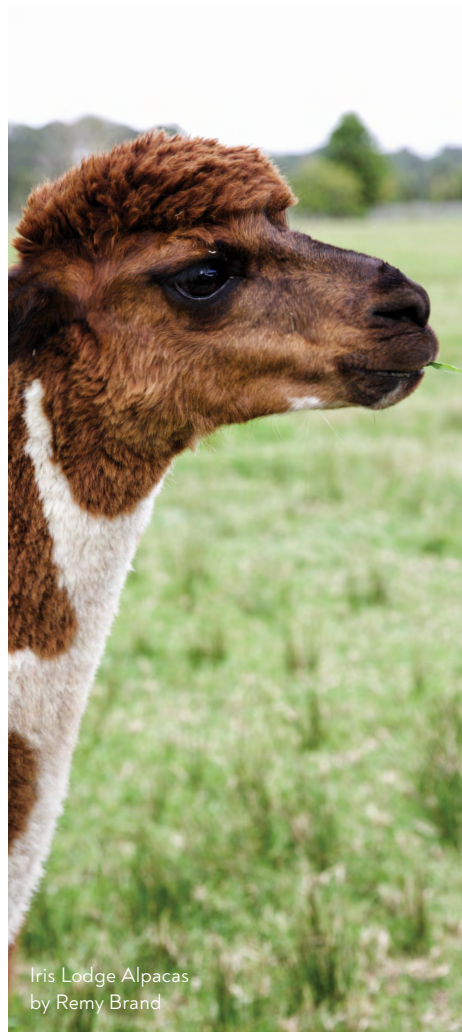
NRMA Ocean Beach Holiday Resort. Just up the road, Ettalong Beach hums with activity - paddle the calm waterways, browse the artisan stalls at The Galleria, or hop aboard the Palm Beach ferry for a scenic ride across the water. Woy Woy rounds out the region with heritage charm and waterfront views, making the Peninsula a place where every stop feels like its own little escape.



Dooralong
by Ross Long



Yarramalong Valley Farm
Stay by James Horan



Iris Lodge Alpacas
by Remy Brand

NEIGHBOURHOOD GUIDES

Central Coast Hinterland

Go west to experience the Central Coast Hinterland, a region bursting with fresh produce, wild walks, farm gate experiences and culinary adventures.

Central Coast's Hinterland is a refreshing change of pace. Unravelling inland, this sprawling region comprises bush, farmland, pockets of rainforest and a treasure trove of small towns. It's here you'll find major attractions such as Glenworth Valley, the Australian Reptile Park and Somersby Falls, as well as lesser-known gems including Iris Lodge Alpacas and the farm gates of Peats Ridge, Kulnura and Mangrove Mountain. Tourist Drive 33 slips through the Hinterland's back roads, revealing a quieter Central Coast that's easy to miss - unless you know where to look.

Eco
adventures
await

In the hinterland, you'll find treetop walks, wild encounters, as well as many other ECO Certified experiences. Scan the QR to start your ultimate eco adventure tour!

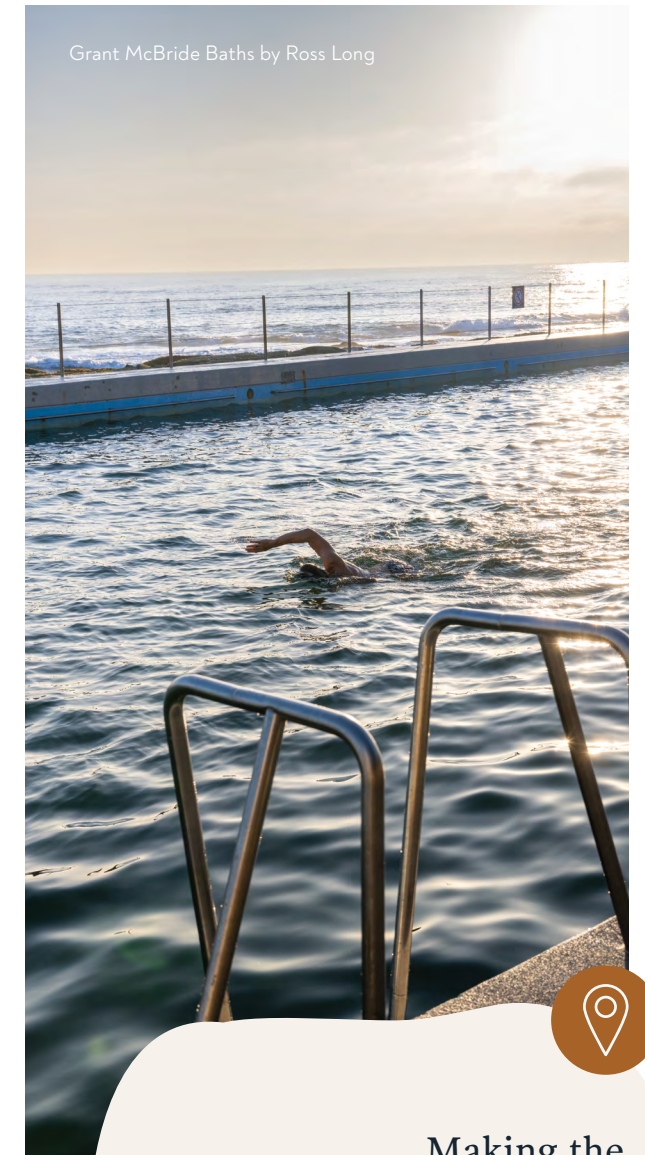


NEIGHBOURHOOD GUIDES

Terrigal & The Headlands

These lively suburbs are dotted along the sparkling coastline, almost smack-bang in the middle of the Central Coast, occupying prime beachside space.

There's a reason these beachside suburbs are popular among holidaymakers. As well as boasting beautiful sandy stretches, it's where you'll find the largest concentration of accommodation and bustling drinking and dining scenes. Avoca Beach offers a decent dose of cafes and its ever-popular monthly Avoca Beach Markets by the lake. Wamberal, Macmasters and Copacabana have long been known as a surfers' nirvana - and Terrigal is a happening spot, come day or night, with a plethora of sophisticated restaurants and bars, alongside the iconic Crowne Plaza Terrigal Pacific overlooking it all.



Grant McBride Baths by Ross Long

Making the coast inclusive

To make our coastline accessible for all, 15 Central Coast patrolled beaches offer free beach wheelchairs, plus 4 popular locations offer beach matting.



Avoca Beach by Isaac Tseng



Beachcomber Hotel, Toukley by Ross Long

NEIGHBOURHOOD GUIDES

The Entrance and Northern Lakes

Intertwined by a network of waterways, life in these northern suburbs ticks at a more laid-back pace, with chilled-out towns to stay and lakes and beaches to play.

The Central Coast's Lakes region is shaped by three tranquil lagoons - Tuggerah, Budgewoi and Lake Munmorah - each carving out its own character. Long Jetty hugs Tuggerah's edge, known for its retro charm, vibrant murals and café culture. Just east, Norah Head stands proud with its historic lighthouse and the region's first National Surfing Reserve. Between the lakes, Toukley blends waterside relaxation with resort-style flair, while Budgewoi keeps things low-key with a surf beach and a stylish Italian diner tucked inside its revived local pub.



Magenta Shared Pathway by Where's The Way

Peddle power

The Magenta Shared Pathway is perfect for a relaxed family bike ride, linking The Entrance North to the lakeside town of Toukley.

This gentle 6.3km trail winds through Wyrabalong National Park, offering safe, flat paths and plenty of nature to enjoy along the way - ideal for little legs and big adventures.

NEIGHBOURHOOD GUIDES

Gosford and Surrounds

Gosford and its surrounds are evolving fast - with new hotels, dining spots and cultural venues turning work trips into something more. It's where business blends with lifestyle, and the future feels close.

Gosford is the Central Coast's business hub, but it's also a vibrant place to stay and play. Catch a show at Laycock Street Theatre or explore the edgy FunHaus Factory for live music and literary nights. Families love The Factory's chocolate tours and Junior Chocolatier workshops, while nearby East Gosford offers a serene escape at the Edogawa Japanese Gardens in the

Gosford Regional Gallery. Down at Point Frederick, Pioneer Park blends history and harbour views - perfect for a quiet moment by the water. With new hotels, waterfront dining and easy access to Erina's retail and entertainment, this region is where work trips turn into mini getaways.



Drifter's Wharf by James Vodicka

Play that welcomes everyone

The Leagues Club Park in Gosford is designed so every child can join the fun. This inclusive adventure playground features three unique play pods that encourage climbing, exploring and imaginative play, with sensory-friendly elements included for neurodiverse families.



Edogawa Japanese Gardens by James Vodicka



Laycock Street Theatre by David Ross



NEIGHBOURHOOD GUIDES

Wyong and Tuggerah

Wyong and Tuggerah offer a delightful blend of heritage charm and modern convenience, making them a perfect pair for a Central Coast escape of both heritage and hype.

Start your journey in Wyong, where historic architecture meets a thriving creative scene - sip artisan coffee at Glee Coffee Roasters, explore the Wyong Heritage Walk, and discover local art and eats in the Gallery Precinct. From high tea at Mercure Kooindah Waters to platypus-spotting along Wyong Creek, the town invites you to slow down and savour its unique character. Just a short drive away,

Tuggerah brings the buzz with cinemas, fashion-forward retailers, and a vibrant dining precinct complete with a water playground for families. Whether you're catching a live show at The Art House, mountain biking through Ourimbah State Forest, or indulging in retail therapy, this dynamic duo delivers a rich mix of culture, nature, and entertainment - all wrapped in that laid-back Central Coast vibe.

THINGS TO DO

Experiences to have in our diverse region



Adventure, flavour, and history collide on the Central Coast, with beach-to-bush escapes and vibrant towns full of stories.

As an ECO Destination, the Central Coast is rich in nature, culture and creativity. Whether you're kayaking quiet waterways, walking ancient tracks, or exploring lush Hinterland trails, the outdoors is always calling. It's also home to 2,985 registered Aboriginal sites, with a growing number of cultural

experiences led by local Indigenous guides who invite you to connect with Country. To help you explore it all, we're spotlighting three unforgettable ways to experience the region - ecotourism, Aboriginal culture, and Hinterland escapes - with curated itineraries to make planning easy. Ready? Let's go.



THINGS TO DO

Follow the call of the wild with these nature experiences

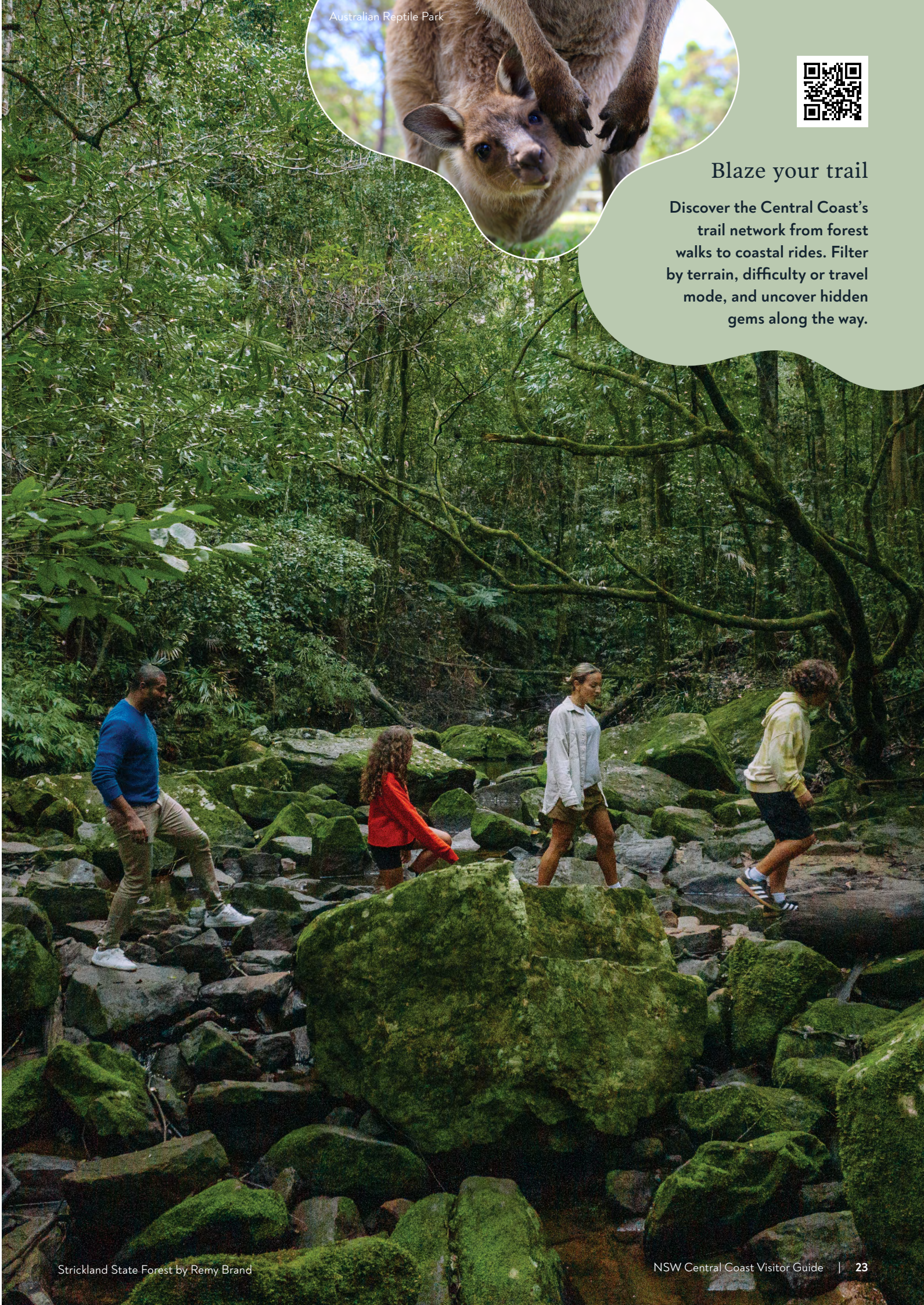
With over half the Central Coast covered in green space - including five National Parks and two State Forests - nature is our playground here. Walk the clifftops at Wyrabalong National Park, chase waterfalls in Strickland State Forest, or ride the rugged mountain bike trails of Ourimbah State Forest. History buffs can follow the convict-

built Old Great North Road in Dharug National Park - a World Heritage-listed trail through ancient bushland - and when the day winds down, pitch a tent at one of the Coast's many scenic campgrounds, from beachfront escapes in Bouddi National Park to bushland hideaways in Munmorah State Conservation Area or Glenworth Valley.



Blaze your trail

Discover the Central Coast's trail network from forest walks to coastal rides. Filter by terrain, difficulty or travel mode, and uncover hidden gems along the way.



THINGS TO DO

Wander wisely with an ECO experience

As one of Australia's first certified ECO Destinations, the Central Coast is home to passionate locals and experiences that protect and celebrate our stunning natural environment.

There's a rhythm to life on the Central Coast - where saltwater meets bushland, and ancient stories echo through the trees. Step into the shallows with Sydney Oyster Farm Tours, where you'll wade through glistening waters among working oyster leases. It's more than a tasting - these molluscs play a vital role in supporting marine ecosystems, and the experience offers a firsthand look at sustainable aquaculture in action. Then head into the bush at Walkabout Wildlife Sanctuary, where rescued and endangered animals roam freely across biodiverse landscapes. Set within a heritage-listed Aboriginal cultural site, the sanctuary reflects a deep commitment to conservation, care, and connection to Country.



Unearth a diverse map of sustainable experiences each aiming to care for and connect you with the wonders of the natural world.



NEED INSPIRATION?

Explore this four-day feel-good itinerary



DAY 1 - THE HINTERLAND

Start your ECO adventure with a visit to Broken Bay Pearl Farm, which has a 'shellar door' and pearl experiences, then enjoy lunch at Angel Sussurri Restaurant in Yarramalong. Make your way to Glenworth Valley Outdoor Adventures for kayaking in the creeks or abseiling sheer rockface and stay overnight in one of its eco villas.

DAY 2 - COUNTRYSIDE TO SEASIDE

Take the drive to Bouddi National Park for a Girri Girra Aboriginal Experience and an Indigenous-inspired massage at Bells at Killcare's day spa. Enjoy lunch at The Wild Flower Bar & Restaurant, which has a menu using ingredients from its own kitchen garden, beehives and orchard. Spend overnight in one of the new luxury lodges in this boutique hotel.

DAY 3 - FOLLOW THE COAST

Head north to Terrigal, where Central Coast Marine Discovery Centre is a fantastic facility for children to learn about local marine life. Join one of the exciting tours with Terrigal Ocean Tours, to see dolphins, whales or seals, depending on season.

Next stop is Pullman Magenta Shores, where you can stay overnight beachside and connect with the natural coastal surroundings. Dine at on-site Barrett Restaurant, which sources at least 80 per cent of its food locally.

DAY 4 - RETURN TO THE HINTERLAND

Start your day with breakfast with the alpacas at Iris Lodge Alpacas. Afterwards climb into the canopies at Treetops Adventure Park, which comprises ropes courses, Networld and a thrilling Zipcoaster, or hit the 22 kilometres of mountain bike tracks, both at Ourimbah State Forest.

Spend the evening at Noonaweena, an eco retreat nestled in bushland in Kulnura.





THINGS TO DO

Experience local Indigenous culture

The Traditional Owners of the Central Coast have lived, hunted and farmed on this Country for thousands of years. Visitors can learn about their culture and land during one of many Aboriginal experiences.

The local landscape is home to 2,985 registered Aboriginal sites, some of which are accessibly located within national parks. At Brisbane Water National Park, you'll find Bulgandry Art Site Aboriginal Place, which features sandstone engravings; Bouddi National Park is home to Daleys Point Aboriginal Relic Site, with artefacts that date more than 5,000 years; and Popran National Park features rock engravings and middens.

Girri Girra Aboriginal Experiences is 100% Aboriginal-owned and offers tours to some of these sites, as well as hands-on activities to learn Indigenous craft. Darkinjung Local Aboriginal Land Council also leads tours to Bulgandry,

as well as to Mount Ettalong Lookout and an invitation-only tour to Warre Warren, a protected site in Upper Mangrove.

For a unique educational experience, Firescreek Botanical Winery in Holgate operates an immersive Aboriginal Storytelling & Wine Tasting experience led by an Aboriginal Elder with a tasting of native foods.

If you're visiting during the winter solstice, you can join the life-affirming annual Five Lands Walk, which is a 10-kilometre journey between MacMasters Beach and Terrigal showcasing Aboriginal music, culture, art and sculptural installations.



Authentic Aboriginal experiences
thousands of years in the making.

Follow the accessible path to Bulgandry Aboriginal Art Place in Brisbane Water National Park, where ancient Aboriginal rock engravings tell powerful stories of Country.



THINGS TO DO

Embrace rustic experiences in the Hinterland

The Hinterland is a lesser-explored part of the Central Coast, where some of the best experiences can be had among its rolling countryside, dense bushland and pockets of rainforest with thundering waterfalls, gentle creeks and waterholes.

Think thrilling rope courses and ziplines at Treetops Adventure; horse riding, quad biking and abseiling at Glenworth Valley Adventures; wildlife shows and conservation at Australian Reptile Park; camp-outs and bush tucker at Australia Walkabout Wildlife Park; and mountain biking at Ourimbah State Forest. Central Coast farmers also regularly welcome visitors to their farms and orchards to pick-your-own fruit and veggies in season.



Discover a treasure trove of charming country towns, teeming with farm gate experiences and fresh seasonal produce.



The Central Coast Hinterland



Yarramalong by Chris Court

Must-do's on Tourist Drive 33

This is the very definition of the road less travelled: a scenic route that winds its way through the Hinterland region - starting from Peats Ridge, here are eight memorable highlights you don't want to miss on Tourist Drive 33.



I

Visit NSW's only pearl farm, Broken Bay Pearl Farm and browse the gems at its 'shellar door'.

6

Pop over to the Australian Reptile Park for an up close and personal look at some of our country's beautiful natives - including echidnas, wombats and blue-tongue lizards.

2

Wade among the oyster leases on a Sydney Oyster Farm Tour, which departs from Mooney Mooney.

7

Book a private tour of Grace Springs Farm, a sustainable working farm that gives visitors an insight into real farm life.

3

Enjoy lunch by the fire or overlooking the dam at Saddles Mt White, an elegant restaurant and bakehouse set on a 28-acre property.

8

Pick fruit, vegetables and blooms yourself at the many farm gates that open seasonally to visitors.

4

See Aboriginal rock art, rainforest, seasonal wildflowers and waterfalls on the Girrakool Loop Walk in Brisbane Water National Park.

9

Lace up your hiking boots and enjoy a scenic bushwalk through Palm Grove Nature Reserve, starting at Kilkenny Road on the Somersby Plateau.

5

Visit the three-tiered Somersby Falls, which is particularly striking after rainfall.

10

Stop at one of the quaint hinterland villages, from Peats Ridge to Mangrove Mountain, to enjoy quaint bush tea, scones and other artisanal snacks.

WATERWAYS & COASTLINES

Dive into our waterways and coastlines

From its lagoons and lakes to rivers and wetlands, to its beaches and bays, life on the Central Coast is defined by our waterways. Swim in one of the beautiful ocean baths that dot the coastline; stand-up paddle board in gentle bays such as Ettalong Beach, Canton Beach, Tuggerah Lake or Terrigal Lagoon; ride waves at coveted surf breaks such as Soldiers Beach, Shelly Beach or Avoca Beach — where many surfing legends got their start — and seek out the diverse marine life that call the Central Coast's waters home.



From streams to the sea,
explore beneath the surface.



The Central Coast is a paddler's paradise, with calm waterways perfect for family-friendly adventures. From Avoca Lake's pedal boats and SUPs to Canton Beach's kid-sized kayaks and dog-friendly rentals, there's something for everyone.



Surf's up

Norah Head is a National Surfing Reserve that protects one of our most iconic surf spots. It's part of our ECO Destination journey, helping keep the waves clean and the vibes green.





The Barrel by Bruce Felton

From beach to breech: The best vantage points for whale watching

From May to October, humpback and southern right whales migrate past the Central Coast. Rug up, grab your binoculars and try your luck spotting them from these lookouts.

Gerrin Point Lookout, Bouddi National Park

Follow the Bouddi Coastal Walk from Putty Beach for approximately 1.2 kilometres and you'll reach this lookout that has views over Maitland Bay.

Marie Byles Lookout, Bouddi National Park

This spot is accessible via Scenic Road at Killcare Heights and has views of Putty Beach, Box Head, Broken Bay and Barrenjoey Head.

The Skillion, Terrigal

Climb to the top of this natural landmark for amazing views that stretch from Avoca Beach to Forresters Beach.

Crackneck Point, Wyrabalong National Park (South End)

Located at the end of Bateau Road on The Coast Walking Track, Crackneck Point is perfect for a picnic with views towards The Entrance and Shelly Beach.

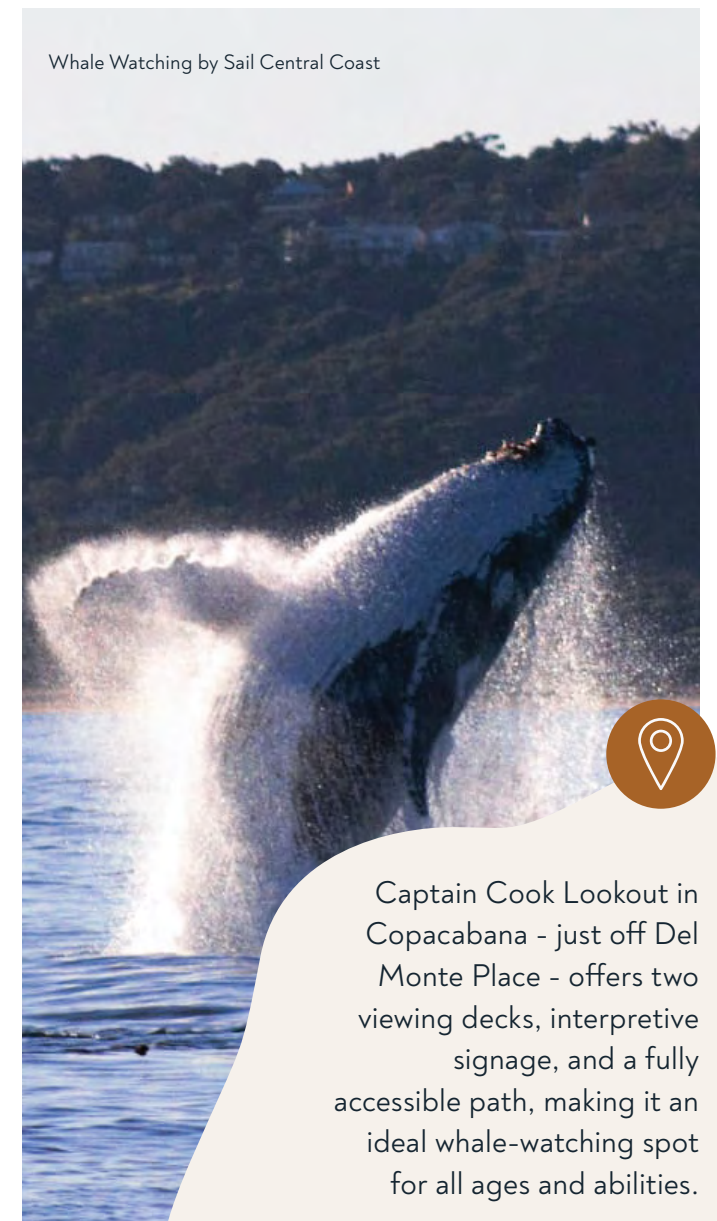
Norah Head Lighthouse, Norah Head

With views across the Pacific Ocean, this heritage lighthouse is home to the annual Whale Dreamers Festival (July).

Family Whale Watching by James Horan



Whale Watching by Sail Central Coast



Captain Cook Lookout in Copacabana - just off Del Monte Place - offers two viewing decks, interpretive signage, and a fully accessible path, making it an ideal whale-watching spot for all ages and abilities.



Anyone hungry?



Broken Bay Pearl Farm by James Vodicka

CUISINE & CULTURE

Discover this culinary hotspot

In recent years, the Central Coast has become known for its impressive culinary offering, with sustainability-focused producers, unique food-based experiences and a thriving dining scene helmed by an ever-growing community of award-winning chefs.

From sunrise to sundown, the Central Coast serves up a feast for every kind of appetite. Sophisticated restaurants like Meribella in Terrigal and The Railway Hotel in Gosford are turning heads with inventive menus and beautifully plated dishes. For something more relaxed but just as satisfying, Burnt Honey Bakery in Copacabana tempts with flaky pastries and sourdough that locals swear by. Coffee culture thrives here too - Glee Coffee Roasters know how to brew a locally-roasted cup that perks up even the sleepiest morning. And when the sun dips low, the region's bar scene comes alive. In Wyong, Jerry Sent Me is tucked inside the historic Chapman Building, while Long Jetty's The Savoy transforms a heritage cinema into a moody cocktail haven.

Pocket Bar in Terrigal pours creative concoctions in a laid-back setting, and Bar Toto in Ettalong Beach brings a slice of Italy to the coast with its aperitivo-style drinks and antipasti.

Toukley, Ettalong and Umina Beach offer plenty of spots to sip and socialise, and Terrigal is home to breezy beach bars perfect for golden hour, alongside cosy hideaways like Rhonda's that keep the night going.

Whether you're chasing a woodfired pizza at Four Hands Pizza, a two-handed sandwich from The Good Bits Deli, or a vegan feast at The Green Tangerine, it's always a good place to be hungry.

PEARLS & OYSTERS

Shellabrate with oysters

Harness your oyster obsession with these experiences that celebrate the 'guardians of the sea'.



Sydney Oyster Farm Tours

Join second- and third-generation farmers on an unforgettable experience, starting with a cruise around their oyster leases. Then don waders to feast on fresh Sydney Rock and Pacific Oysters at a white-clothed table submersed in the Hawkesbury River.

Broken Bay Pearl Farm

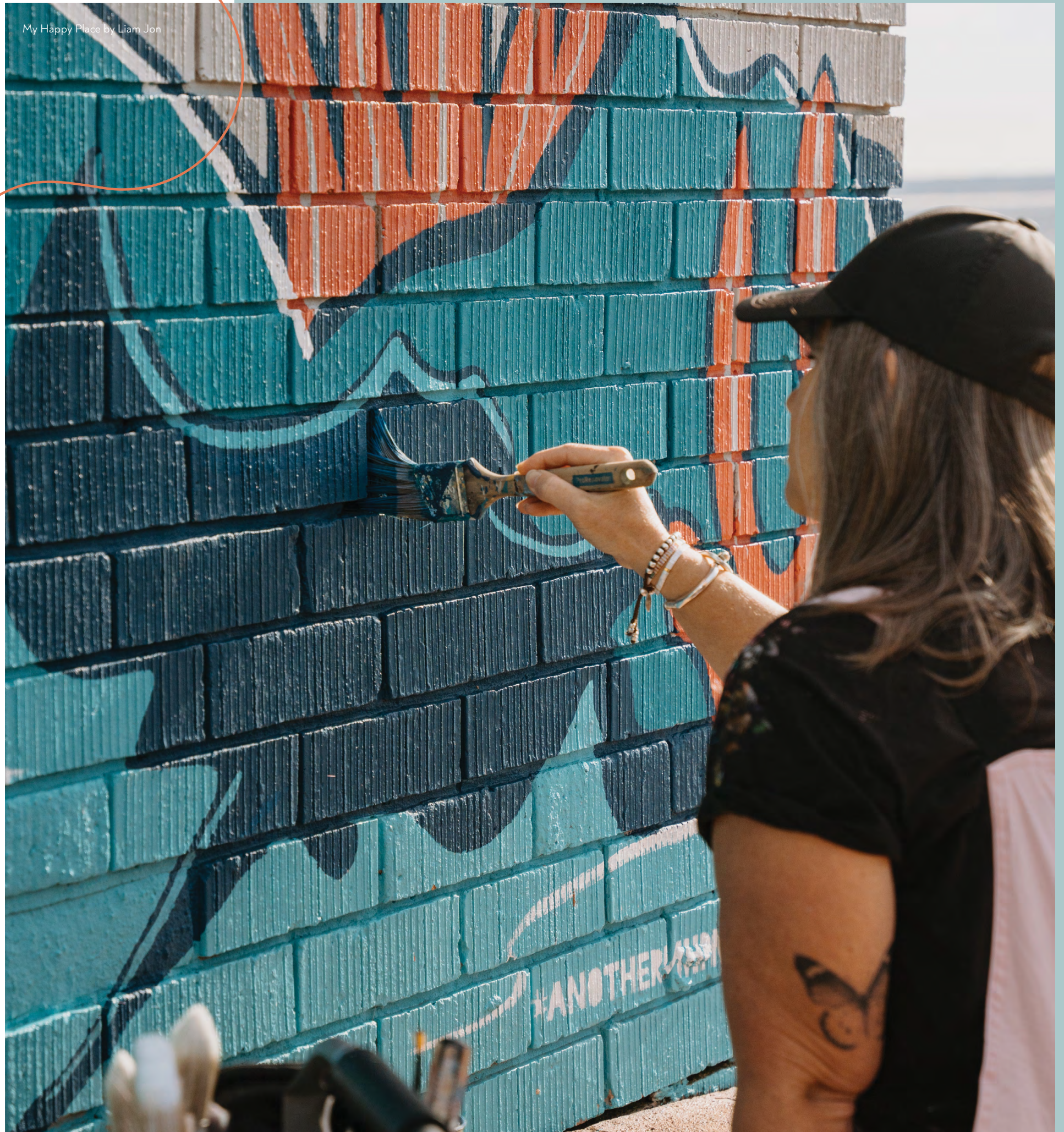
Visit the only pearl farm in NSW, nestled on the edge of Lower Mangrove at Mooney Mooney. Join the Oyster and Pearl Lovers tour, which includes a cruise along the sparkling Hawkesbury River, access to the pearl-grading room, an oyster tasting and shucking demonstration

Hawkesbury River Oyster Shed

Take your kids and dogs along for a waterside oyster feast. Order freshly shucked oysters and grazing boards from this shack at Mooney Mooney, grab a table overlooking the river and tuck into these tasty molluscs with a glass of BYO wine.

Brisbane Water Oyster Festival

Held every year in November, this one-day festival at Woy Woy is dedicated to oyster lovers but celebrates all things food and wine. There's also entertainment, market stalls, and an oyster-eating competition.



SUPPORT LOCAL

Local legends and creative voices

The Central Coast is home to a thriving arts scene, spanning live theatre, galleries and public art that brightens up otherwise empty walls and spaces in our towns and laneways. For live performances, check out The Art House at Wyong, Laycock Street Theatre in Wyoming, and Drifters Wharf and The FunHaus Factory, both at Gosford. Art aficionados should make a beeline for Gosford Regional Gallery, while photography lovers can't miss Ken Duncan Gallery. And while you're driving around the Central Coast, keep an eye out for colourful street art, particularly at Long Jetty and Gosford.



Take a moment to explore the Central Coast's growing arts scene, from local galleries and public installations to cultural events happening year-round.

Take the creative track with this two-day art trail

Explore the Central Coast's vibrant art scene - from ancient traditions to bold contemporary works.

DAY 1

Start your day with a walk to Bulgandry Art Site Aboriginal Place, the Central Coast's oldest Aboriginal art gallery located within Brisbane Water National Park.

In Umina Beach, The Public Art Gallery at Centered Ceramics displays a monthly-changing collection of pottery by teachers and students. Join a workshop to learn the art of pottery for yourself; the Friday night Wine and Clay classes are a lot of fun. At nearby Ettalong Beach, Bay Gallery is a cooperative that exhibits fine art, oil paintings and more.

Finally head to Green View Gallery at Kincumber, which displays fine art by local artists and has a café with views over lush green bushland.

DAY 2

Start your day in Terrigal, which is home to collectible art specialists KAB Gallery, Bobbie. P Gallery - which also host creative workshops - and Bloomfield Fine Art Gallery. Next, visit iconic Australian photographer Ken Duncan's gallery in nearby Erina Heights and enjoy lunch at Kew Dining next door.

At East Gosford, Gosford Regional Gallery is renowned for its exhibitions including the Archibald Prize as well as the annual Gosford Art Prize. Take a tranquil walk in the Japanese-style Edogawa Commemorative Gardens behind the gallery afterwards.

Located on Toukley Village Green, Creative Spaces is a gallery container turned exhibition space with a rotating roster of local artists.



Centered Ceramics by Dawn & Folk



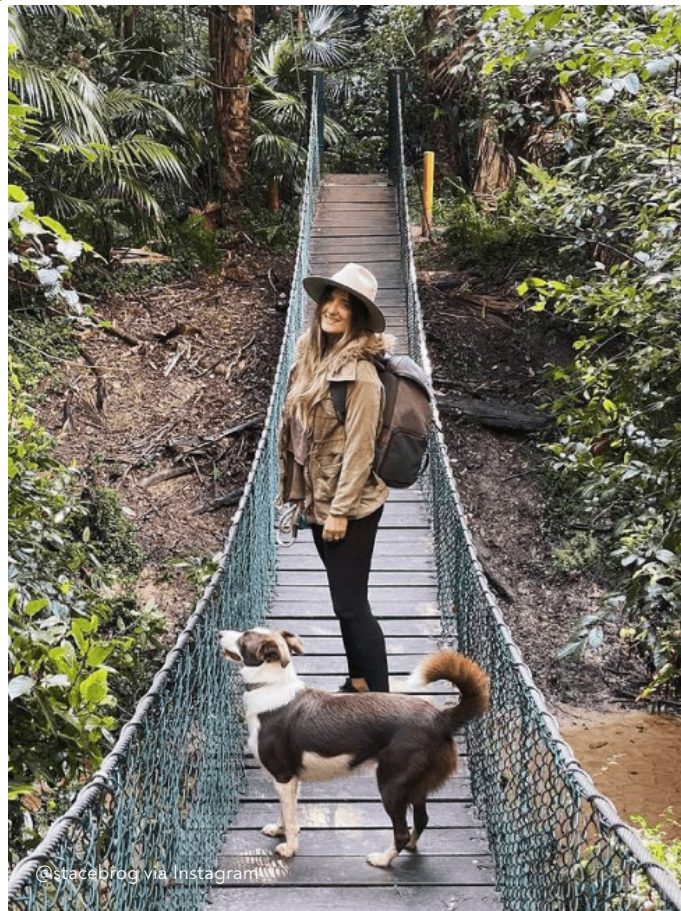
Gosford Regional Art Gallery by Sarah Kate McAleer



Pi Williams by James Horan



Yoga on the beach by Dominic Loneragan



@staceabrog via Instagram

WELLNESS

A world of wellness at your fingertips

Wellness encompasses anything that nourishes your body and mind, whether that be a fitness class, visiting a day spa or spending time outdoors with your furry friend.

In all those ways, the Central Coast is a region ready to fill up your wellness cup. Reset your mind on a bushwalk through the hyper-green surrounds of Strickland State Forest — or take a dip at one of our beaches, such as secluded Pearl Beach or the cheeky clothing-optional Birdie Beach. Many businesses have tapped into the wellness trend: Neighbourhoods, a haven on the main street in

Long Jetty, Bamboo Buddha, a tranquil café in the leafy surrounds of Holgate, and Gnostic Manor in Woy Woy all offer casual yoga/pilates classes and serve delicious organic food. Add a SUP session to your yoga class for an added burn with Bombora Ettalong Beach. Plus, Glenworth Valley offers a range of outdoor activities that connect you to nature, including a gentle horse ride and picnic.



Discover coastal wellness
- from nature-based
escapes to luxe treatments
that help you reset





SHOPPING

Shop 'til you drop with boutique wares and market finds

The shopping scene on the Central Coast is driven by an emerging collection of local brands and designers. You'll find an eclectic mix of fashion, homewares, design pieces and knick knacks.

From boutique fashion and homewares to vintage finds and handmade gifts, the Central Coast offers a diverse shopping experience across its coastal towns. Browse stylish stores in Terrigal, Avoca Beach, Ettalong, Umina, East Gosford and Wyong. If you're into thrifting, Woy Woy, Toukley and

Long Jetty are hotspots for retro and secondhand treasures. On weekends, explore The Galleria Ettalong - a vibrant undercover market with shops, dining and even a cinema. For locally made goods, stop by the Central Coast Visitor Centres and discover something uniquely homegrown.

To market, to market!

The best way to support local is to shop at the many markets across the Coast.

With a range of artisan, farmer, vintage and food markets setting up weekly and monthly, your morning, afternoon and evening meander is as good as planned.

Scan for where to hunt for everything from vintage to vinyl



Bring the whole crew

Most markets on the Central Coast welcome both kids and dogs, making them perfect for a relaxed, family-friendly day out.



MAKERS & CREATORS

Meet your makers

The Central Coast is home to a growing community of makers, creators, producers and innovators.

Across the Central Coast, creativity and craftsmanship thrive in every corner. Local painters and potters not only sell their work - they invite you into their world through workshops and exhibitions. Organic farmers and passionate providores bring fresh, seasonal produce to market, often transforming it into delicious fare made right here on our doorstep.

Step into a local store and you'll find shelves stocked with premium pieces from furniture makers, skilled craftspeople, and fashion designers who call this region home. And when it's time to unwind, our love of a good brew is unmistakable. Over the past few years, a wave of independent breweries

has opened their doors - each with its own flavour and vibe. Try them all: Native Botanical Brewery and Six Strings Brewery in Erina, Bay Road Brewing and Big Little Brewing in Gosford, Central Coast Brewery in Tuggerah, Hawkesbury Brewing Co in Lisarow, and Block N' Tackle Brewery in Kincumber.

Prefer a crisp G&T? Distillery Botanica in Erina is a must-visit, offering award-winning gin and tranquil gardens to explore. Whisky lovers should head to Amber Lane Distillery in Wyong, known for its open days and tasting classes. And for something truly special, Firescreek Winery in Holgate pairs boutique wines with a serene, nature-filled setting.



Discover the incredible award-winning makers on the Central Coast by following the self-drive trail.

Follow the Central Coast makers trail

Enjoy gourmet tastings and support our local makers on this self-indulgent trail.



NORTH

Join a hands-on cheese experience at Little Creek Cheese Factory in Wyong. Down the road, Amber Lane Distillery hosts open days each month for whisky lovers. Foodies can add flavour to their cooking with a visit to Herbie's Spices in Charmhaven. And in the beautiful hinterland suburb of Kulnura, Eastcoast Beverages leads monthly factory tours so you can see BTS of this 60-year-old business.



EAST

Do a brewery hop between the Coast's first brewery, Six String Brewing at Erina, and microbrewery Block and Tackle Brewery at Kincumber. Switch to gin at award-winning Distillery Botanica and unwind in its beautiful gardens. Firescreek Botanical Winery runs some unique experiences, such as chocolate and wine pairings, as well as foraging and mixology..



WEST

Find your sweet spot at the Chocolate Factory Gosford, which holds high teas and workshops for both kids and adults. Swing by Legend Coffee Roaster at West Gosford for one of their fortnightly cupping classes and to pick up coffee beans. Grab some of Adri's Gingerbread cute-as-a-button treats and join a tour and tasting of its factory in Lisarow, where you'll also find Hawkesbury Brewing Co.



SOUTH

Starting around the Hawkesbury River, stop by Broken Bay Pearl Farm, where they produce exquisite pearls, and Sydney Oyster Farms Tours, which runs an incredible in-water oyster-tasting experience.



HISTORY & HERITAGE

Follow the threads of history

The Central Coast's story stretches back thousands of years, shaped first by the Traditional Custodians whose deep connection to Country is still visible today in ancient rock engravings, shell middens, and sacred sites. European settlement added another layer to the region's heritage. Visit the Alison Homestead in Wyong or Henry Kendall Cottage in Gosford to glimpse life in the 1800s. The Gosford Regional Library's history room is a dedicated space where locals can explore the Central Coast's rich past through archives, family records and heritage collections.

Many historic buildings have found new purpose, blending the past with the present. Dine in a 1930s bank at Motel Mezza in Wyong, in the old post office at Little Miss in Terrigal, or unwind at the 1907-built Hotel Gosford. Or, for a truly immersive step into the past, head to the heritage-listed Norah Head Lighthouse, built in 1903. Take a guided tour for sweeping ocean views and stories of shipwrecks and survival - or stay overnight in the historic Lighthouse Keepers Quarters for a coastal escape steeped in history.



Dig deeper into days gone by

Step back in time on the Old Great North Road

Deep within Dharug National Park, bordered by the Hawkesbury River west of the M1, the UNESCO World Heritage-listed Old Great Road is both a brilliant bushwalk and a historical discovery. The original road stretched for 264 kilometres from Sydney to the Hunter Valley and was built by convicts between 1826 and 1836.

Now, only 43 kilometres remains intact, from Wisemans Ferry to Mount Manning.

The Old Great North Road World Heritage Walk is a nine-kilometre loop

along the road, passing preserved stonework, historic graffiti and one of the oldest surviving stone bridges in the country. There are interpretation signs along the way, with facts about the convict story and historical significance of the road.

Within the national park you can also enjoy the beauty of natural sandstone cliffs, lush bushland, native flora such as the gymea lily, seasonal wildflowers and the meandering and mighty Hawkesbury River. You may also spot lace monitors, lyrebirds and even wombats in the area.



Family heritage trail

For another relaxed, history-rich outing, try the Kincumber Shipbuilders heritage walk. This flat, pram-friendly trail winds along the waterfront with storytelling stops, birdlife, and village cafés nearby - perfect for curious kids and easy-paced exploring.



Rolling Sets at The Entrance by Mitch Lowe

WHAT'S ON

Events to add to your calendar

Each year, thousands of people descend on the beaches between MacMasters Beach and Terrigal for the Five Lands Walk; literary lovers find their creativity at the Words on the Waves Writers Festival; musos gather under the historic Norah Head Lighthouse for

the Lighthouse Festival; surf and sound fans hit The Entrance for Rolling Sets; and people from all walks of life come together for the Coastal Twist festival, to celebrate and support the LGBTQIA+ community.

Four go-to events

Central Coast Harvest Festival, June

Spread across the hinterland, this festival is all about the fantastic local produce in our region. Over the course of the long weekend, you can visit our rural farms for a behind-the-scenes-look and to sample goods such as honey and macadamia nuts, pick-your-own fruit and veggies, join workshops about growing food to botanical arrangements, and enjoy live music and entertainment such as the Glenworth Grazing Food and Wine Festival.

ChromeFest, October

Calling all rev-heads, this annual event at The Entrance waterfront showcases a spectacular collection of more than 500 cars, all of which are makes and models pre-1979. Wander through the classic cars, chat to their owners, browse the retro goods and market stalls and enjoy the entertainment across five outdoor stages.

Lakes Festival, November

Over 10 days, this festival is all about celebrating our incredible waterways, with family-friendly activities and cultural and educational programs designed to get everyone outdoors. From stand-up paddle board classes to lakeside painting and yoga to sustainability workshops and activations, there's lots happening.

Love Lanes Festival, February

This annual festival is held around Valentine's Day with a theme of love, in the once-forgotten laneways of Wyong. There's music, dance, roving entertainment, food and market stalls, a kids' zone and a circus precinct within the four laneways and five stages across town.



Find out what's happening all year round, on the Central Coast.



Above: Coastal Twist by Lisa Haymes
Love Lanes



Lakes Festival



ChromeFest

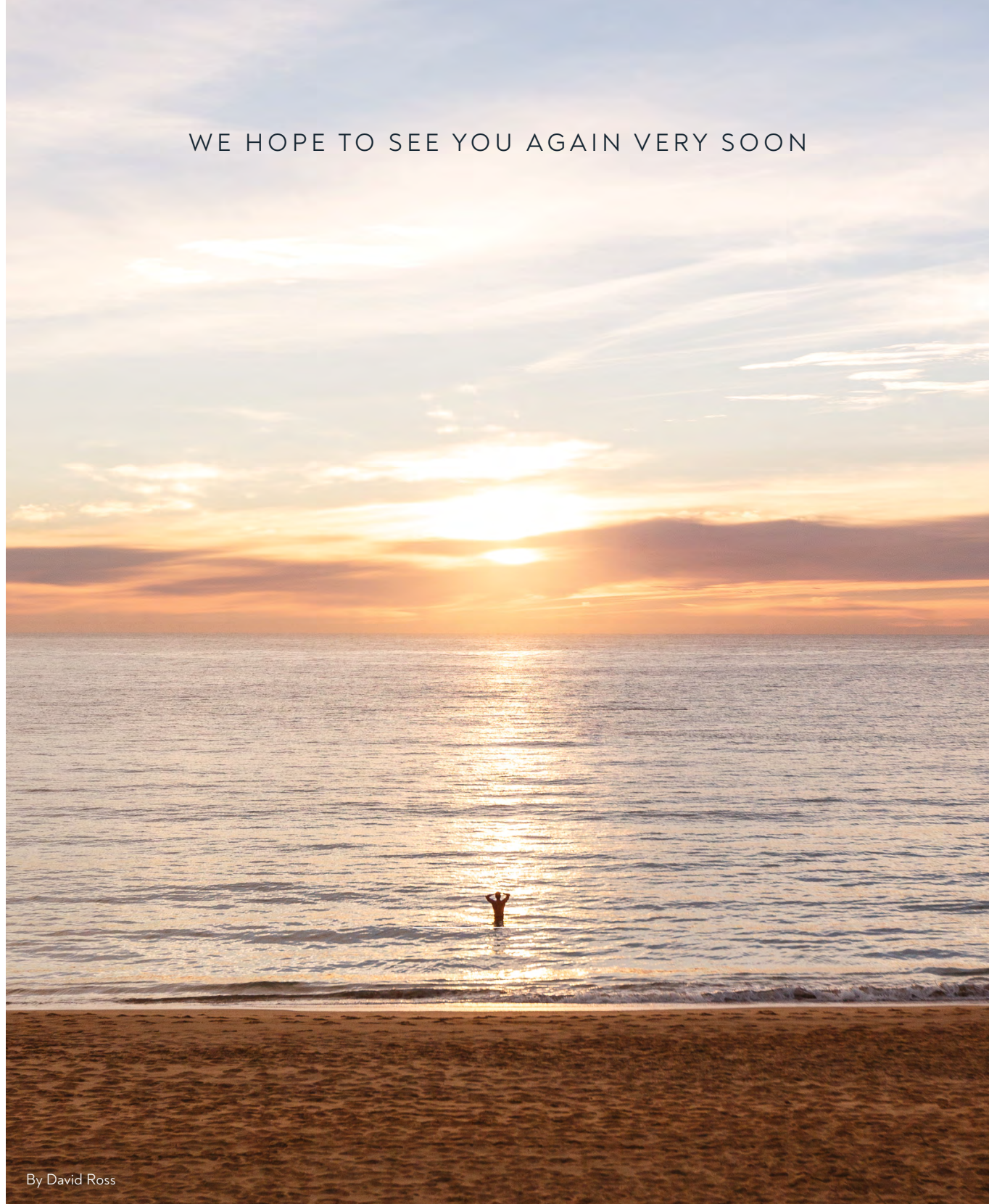
Council lifeguards will also monitor The Grant McBride Baths seven days a week and The Entrance Channel on weekends during school holidays.



centralcoast
#LOVECENTRALCOAST



WE HOPE TO SEE YOU AGAIN VERY SOON



By David Ross

AS YOU TRAVEL AROUND.... TAG US IN YOUR ADVENTURES.

Pop in and visit us at Central Coast Visitor Centre
Marine Parade, The Entrance

Call us
1800 335 377 or 02 43 04 72 11



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