

centralcoast

NEW SOUTH WALES

Visitor guide 2022

VIBRANT ADVENTURE FROM HEADLAND TO HINTERLAND





AWARDS & RECOGNITION

Eco Certified Destination
Nature Tourism since 2022



Wotif Aussie Town of
the Year Finalist 2021



Sustainabilty Stories
Top 100 Destination 2021



Other awards



Contents

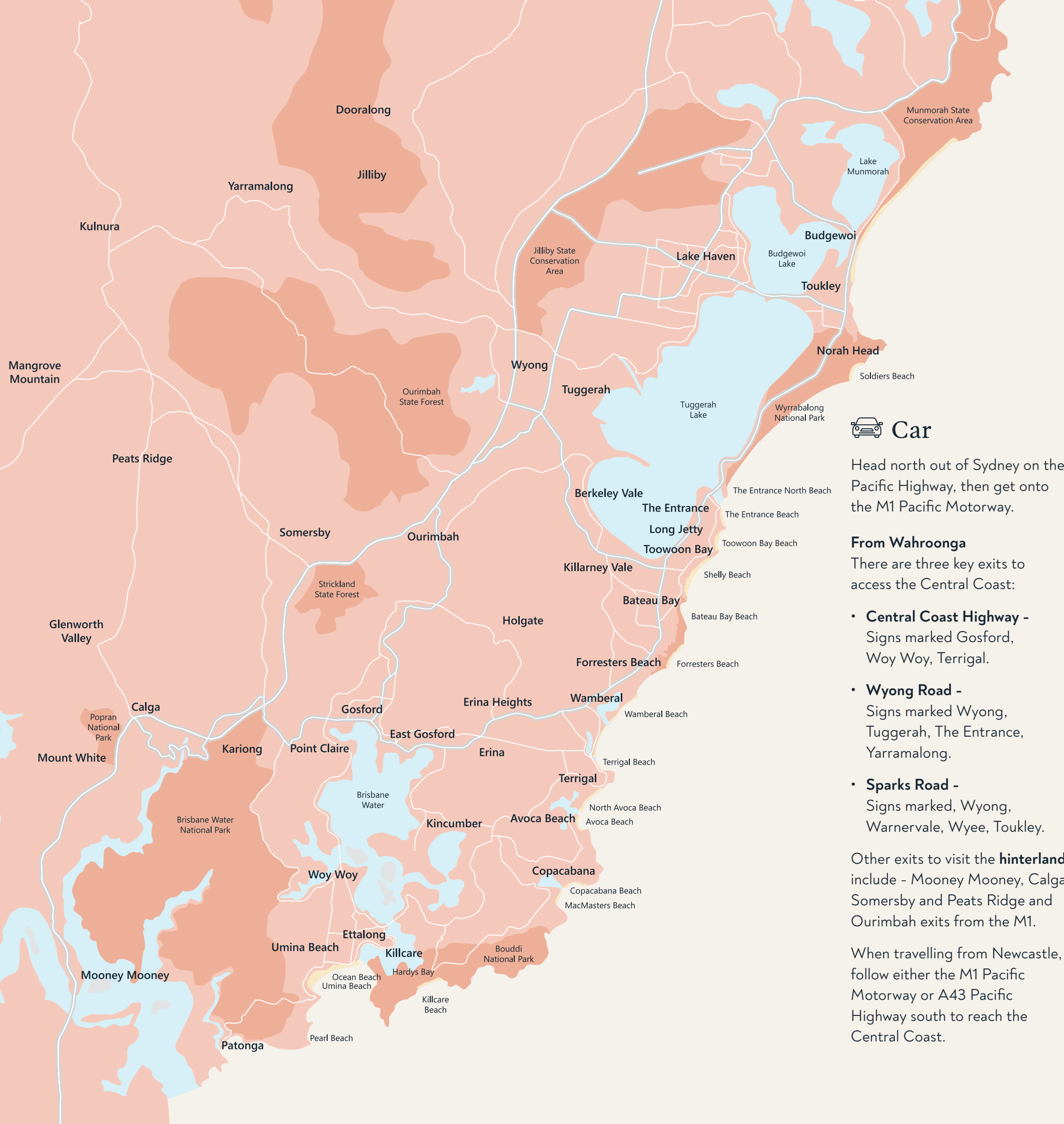
| | | | |
|----|----------------------------|----|-----------------------------|
| 3 | Contents | 28 | Beaches and ocean pools |
| 4 | Acknowledgement of Country | 29 | Lookouts |
| 6 | Getting here | 30 | Bushwalks |
| 8 | Welcome | 31 | Hinterland |
| 10 | Visitor information | 32 | Curated itineraries |
| 11 | Tourist Drive 33 | 34 | Pet friendly |
| 12 | Our ECO Destination | 36 | Cycling and shared pathways |
| 14 | Life on the Central Coast | 38 | Accessible holidays |
| 16 | Tour our towns | 40 | Holiday with the kids |
| 18 | Local tips | 42 | Arts and culture |
| 20 | Stay | 44 | Events |
| 22 | Breakfast and brunch | 46 | Markets |
| 24 | Wine and dine | 48 | Business events |
| 26 | Things to do | 50 | Map of the Central Coast |

ACKNOWLEDGEMENT OF COUNTRY

Darkinjung Country

We acknowledge we live, work and play on Darkinjung Country.

We pay our respects to Elders past, present and emerging, and recognise their continued connection to these lands and waterways. We acknowledge our shared responsibility to care for and protect our place and people.



WHERE TO FIND US

Getting here

The Central Coast is located in New South Wales, on the east coast of Australia. Situated north of the state's capital, Sydney, and south of Newcastle.

The Central Coast is a region full of inviting waterways, pristine beaches and abundant natural beauty. It provides for the quintessential Australian escape, but offers much more than a traditional beach holiday experience.



Train

NSW TrainLink runs regular rail services to the Central Coast departing approximately every half-hour from Sydney and every hour from Newcastle, with travel time approx 1 hour and 30 minutes from each destination. Key stations to disembark include Woy Woy, Gosford, Ourimbah, Tuggerah and Wyong.



Ferry

Palm Beach Ferries operate daily services between Sydney (Palm Beach) and the Central Coast (Ettalong Beach). Visit the Palm Beach Ferry website, or call 02 9974 2411.



Bus

Take the scenic route and hop on the bus to see the sights. Buses depart regularly from key Central Coast railway stations and the Ettalong ferry wharf to towns like Terrigal, Avoca Beach, Woy Woy, Long Jetty, Soldiers Beach and other attractions. Plan your trip at www.transportnsw.info.



Air

Newcastle Airport is located approx 115km, 1 hour 15 minutes drive from Gosford. Sydney Kingsford Smith Airport is located approx 85 km, 1 hour 20 minutes drive from Gosford, or is easily accessible via train.

For more information on Newcastle Airport call 02 4928 9800 or visit newcastleairport.com.au

Shuttle services are available to the Central Coast. Bookings are recommended.



Car

Head north out of Sydney on the Pacific Highway, then get onto the M1 Pacific Motorway.

From Wahroonga

There are three key exits to access the Central Coast:

- **Central Coast Highway -** Signs marked Gosford, Woy Woy, Terrigal.
- **Wyong Road -** Signs marked Wyong, Tuggerah, The Entrance, Yarramalong.
- **Sparks Road -** Signs marked, Wyong, Warnervale, Wyee, Toukley.

Other exits to visit the **hinterland** include - Mooney Mooney, Calga, Somersby and Peats Ridge and Ourimbah exits from the M1.

When travelling from Newcastle, follow either the M1 Pacific Motorway or A43 Pacific Highway south to reach the Central Coast.

WELCOME TO

The Central Coast

The Central Coast is a vibrant, sustainable NSW destination. Dotted with town centres, seaside hamlets and hinterland villages. Enriched by a diverse community of makers, creators, and innovators. Every guest can embrace adventure and excitement from bay to bush, from beach to back roads.

Every nook and neighbourhood of the Coast offers you unique possibilities in business, lifestyle, culture, education, nature and more.

We invite you to explore the variety of characters who live, work and play here, each making up the rich tapestry of the NSW Central Coast from headland to hinterland.



Visitor information



The Entrance by From Above Images



VISITOR INFORMATION HUBS

Call in and meet our friendly staff and volunteers at the Visitor Information Centre at The Entrance who will assist you with town centre and Central Coast information, accommodation, maps, directions, souvenirs, and regional NSW information. The team will even share some Coastie secrets on lesser-known, but just as spectacular places to see and things to do, so you can create your own tailored Central Coast inspired itinerary.

| Main Visitor Information Centre | | |
|--|--|--------------------------------------|
| The Entrance Visitor Information Centre | (02) 4334 4213 Toll free 1800 335 377 | Memorial Park, The Entrance NSW 2261 |
| Monday - Sunday 9.30 am - 4.30 pm (Closed Christmas Day, Boxing Day, Good Friday, New Year's Day and Anzac Day) | | |

| Information is also available at: | | | |
|---|----------------|--|--|
| Ettalong Diggers Visitor Information Centre | (02) 4343 0140 | 51-52 The Esplanade, Ettalong Beach NSW 2257 | |
| Toukley Visitor Centre | (02) 4392 6299 | Wallarah Peace Park, Gorokan NSW 2263 | |
| Maitland Bay Information Centre | (02) 4320 4200 | 174 The Scenic Rd, Bouddi NSW 2251 | |

TAKE THE SCENIC ROUTE

Tourist Drive 33

Take a scenic road trip alongside the Great North Road or World Heritage Listed Convict Trail, with pit stops for local produce, fine dining restaurants, wildlife encounters and more.

The Central Coast route of Tourist Drive 33 provides the perfect road trip for a day for or overnight stay, pit-stopping at hidden gems and embracing the lesser-known lush hinterland.



Take the road less travelled.



Mooney Mooney Bridge by From Above Images

OUR ECO DESTINATION

Protecting the places we love

As a destination, the Central Coast offers superb natural beauty alongside a great sense of freedom, space and connection to the land.

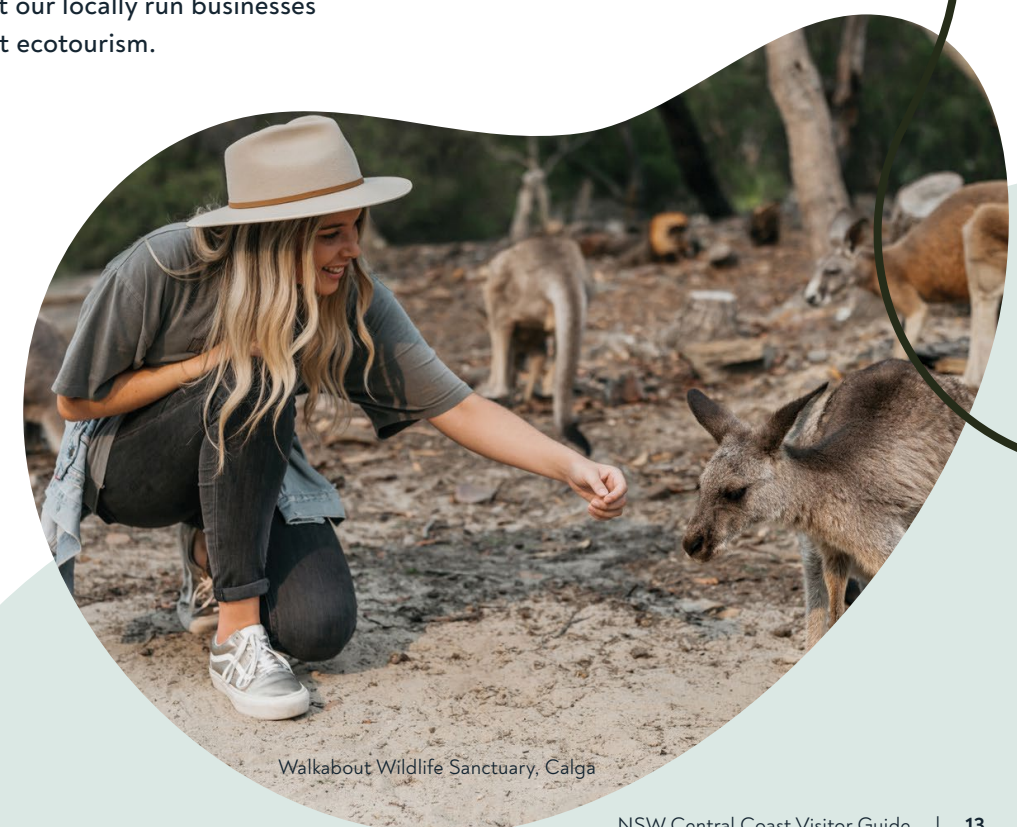
Locals and guests, makers and creators who explore our region are all shaped and inspired in some way by its unique natural environment – so how can we protect it for future generations? With a strong focus on sustainability and ecotourism led by internationally recognised Green Standards.

Recently certified as an ECO Destination, we place a high value on our natural environment, after all the Central Coast is a special place – not only to us, but also to the protected flora and fauna that live here. More than half of the Central Coast is national park, state forest, bushland, open space, nature reserves, beaches and waterways. This includes some of New South Wales' most popular nature-inspired experiences like Bouddi Coastal Walk, Ourimbah State Forest, Somersby Falls and the World Heritage Listed Convict Trail in Dharug National Park.

Take only photos, leave only footprints.



For a unique experience that will make you feel great, scan below and check out our locally run businesses who are passionate about ecotourism.



Walkabout Wildlife Sanctuary, Calga

“You just have that
freedom, a little bit
of space and time
for family.”

Grant Molony - Artist and Maker



Nicole Berlach, Natural History Illustrator

LIFE ON THE CENTRAL COAST

Create your story on the Central Coast

Homes and holidays built on waves, weekends, works of art and our unique way of life. There's never been a better time to live, work and play on the Central Coast of New South Wales.

Wondering where your next chapter starts? Why not curl up and read about our unique places and natural spaces through the eyes of our locals before you visit them yourself.



From hinterland to headland, there's
a new story around every corner.



Long Jetty by James Vodicka

TOWN CENTRES

Tour our towns & neighbourhoods

The Central Coast is a vibrant mix of urban hubs, seaside hamlets and hinterland villages just waiting to be uncovered.

Explore the Central Coast's vibrant town centres and neighbourhoods, each with bucket list tips and itineraries on the best places to visit.



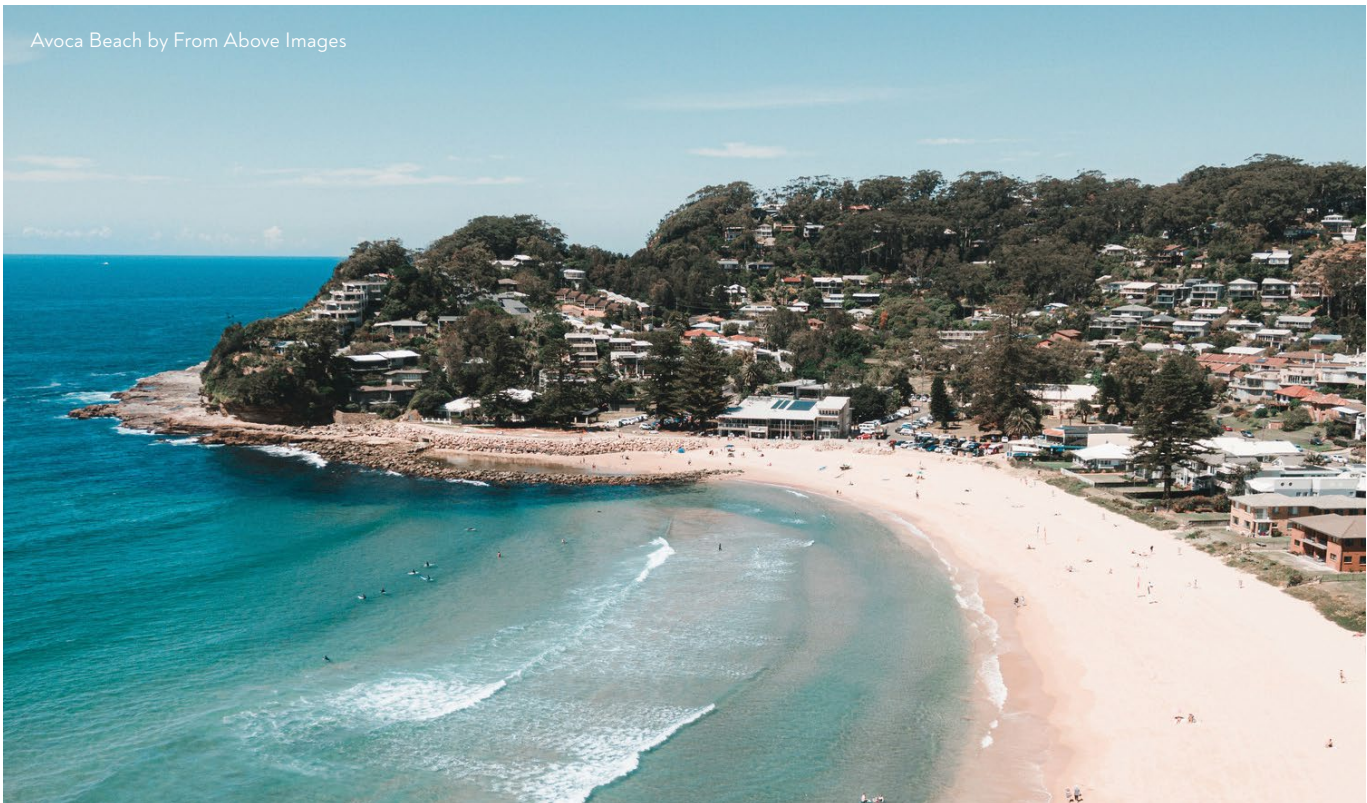
Tour our towns.



Motel Mezza, Woyong



The Entrance by From Above Images



Avoca Beach by From Above Images

Insider tips from inspiring locals

Be guided around the Central Coast by the people who know it best.

Nobody understands the hidden gems of the Central Coast quite like a local. We are lucky to have many Australian sporting legends, celebrities, musicians, creatives, producers and local heroes call the Coast home.



Check out the best cafés, modern eateries, national parks and waterways chosen by our locals.



Roberta, Amanda & Sarah, Take 3 for the Sea, Long Jetty

“We love living surrounded by endless bush and beaches. And the diversity of the beautiful places to visit; the beaches that range from rugged and wild with great surf to calm bays.”



Firescreek Botanical Winery



“I love that it’s family orientated and I don’t need to make plans for my day to feel like a holiday. All I have to do is step outside.”

Tessa Thames, Musician, Ettalong Beach



Amea Donohoe, Central Coast Surf Academy, Macmasters Beach

“I just love the relaxed lifestyle, the many beautiful beaches, national parks, and the growing community I live in.”



James Lutwyche, Paradise Botanical Gardens, Kulnura



ACCOMMODATION

Stay

From beachside BnBs to rainforest retreats, find a stay to suit your style and budget.

You will be spoilt for choice when it comes to picking a home base for your stay on the Central Coast. You can choose to retreat from the rest of the world, forget your every day and slow down in the comfort of a studio, cabin, shack or tiny home.

You can stay in a beachside belle tent, glamp in a stylishly converted shipping container, or watch sunrise from a lighthouse cottage. If boutique stays are more your style, we've got a number of luxurious holiday properties for a romantic escape, girls' weekend away or some quality time with your family.

Bringing the gang? No problem. The Central Coast has seven family-friendly holiday parks that will keep the kids happy for days. If you are looking for a truly unique Central Coast kid-proof stay, then don't forget about our gorgeous hinterland. Choose a farm stay where you can meet the animals or simply enjoy the fresh country air.

And if you can't leave your four-legged friend behind, there are pooch-friendly accommodation options as well.



Find a stay to suit your style.



Bells at Killcare Boutique Hotel, Restaurant & Spa, Killcare by Nikki To



Simple Pleasures Camping, Glenworth Valley

Breakfast & brunch

Whether brunching and long lunching or dining with world-class chefs who champion paddock to plate, find the perfect place for your palate.

It's important to start your day right and the Central Coast inherently helps everyone get up on the right side of the bed. Fresh coastal or country air coupled with a hearty breakfast at one of our BnBs, cafés or modern eateries will surely feed the soul.



Explore our brekky eateries.





The Wild Flower Bar & Dining at Bells, Killcare, by Nikki To

EAT & DRINK

Wine & dine

Savour the flavours of the Coast right from the source.

We are what we eat, right? And we're exceptionally lucky here on the Central Coast to have an incredible bounty of fresh seasonal produce to access. You may not know, but the Central Coast is also home to a number of high-end restaurants awarded a Chef Hat by The Australian Good Food Guide.



Wine and dine or discover a culinary experience.



Have a hatted experience.



The Beachcomber Hotel, Toukley by James Vodicka



The Glass Onion Society, Long Jetty by James Vodicka



Tropicana Social Club, Woy Woy



Yellowtail, Terrigal



Firescreek Botanical Winery, Holgate

Things to do & top attractions

From the beach to the bush or the burbs, find the best experiences for your next adventure.

If you're seeking out new experiences in New South Wales, we've got some absolute gems on the Central Coast to inspire your wanderlust. Hike, walk, paddle, ride, swim, surf, farm or climb your way to adventure.



Make your visit a memorable one with this list of things to do.



Walkabout Wildlife Sanctuary, Calga



Australian Reptile Park, Somersby



Bombora Ettalong Beach SUP, Ettalong by James Vodicka



Glenworth Valley Outdoor Adventures, Glenworth Valley by James Vodicka



Iris Lodge Alpacas, Jilliby



Broken Bay Pearl Farm, Mooney Mooney



Glenworth Valley Outdoor Adventures, Glenworth Valley by James Vodicka



The Entrance Boat Shed, The Entrance by James Vodicka

Beaches & ocean pools

Summer on the Central Coast is all about the beaches.

From Patonga Beach in the south to Coral Fern Beach in the north, our region proudly offers 41 golden stretches of sand and aqua blue waves just calling for a dip including 15 beaches patrolled daily from Spring to Autumn.



Learn where to set your towel down next.

Coollest coastal pools for outdoor swimming.

Our coastline is not only lined with some of the best beaches in NSW, it's dotted with beautiful ocean baths and rock pools too.



Discover ocean baths and pools.



Lookouts

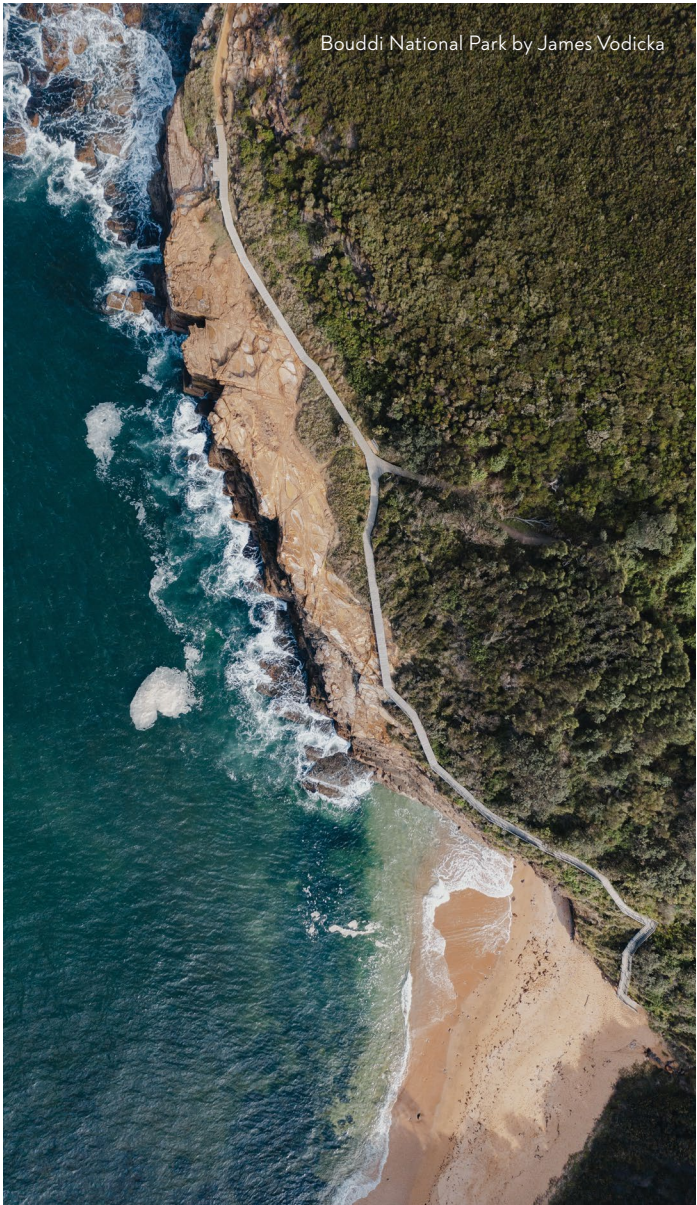
For those seeking a scenic adventure, visit our special lookouts for some unforgettable views of the region.

The Coast has several official lookout points from north to south, but it also features a long list of scenic vantage points known by nature-loving locals who enjoy a good bushwalk, trail run or dose of yoga atop a ridgeline.

So you can see nature at its finest, we've collected a great mix of both well-known and secret lookouts across the Central Coast, each offering the ultimate reward - a view that will take your breath away!



Discover the best places to feel on top of the world.



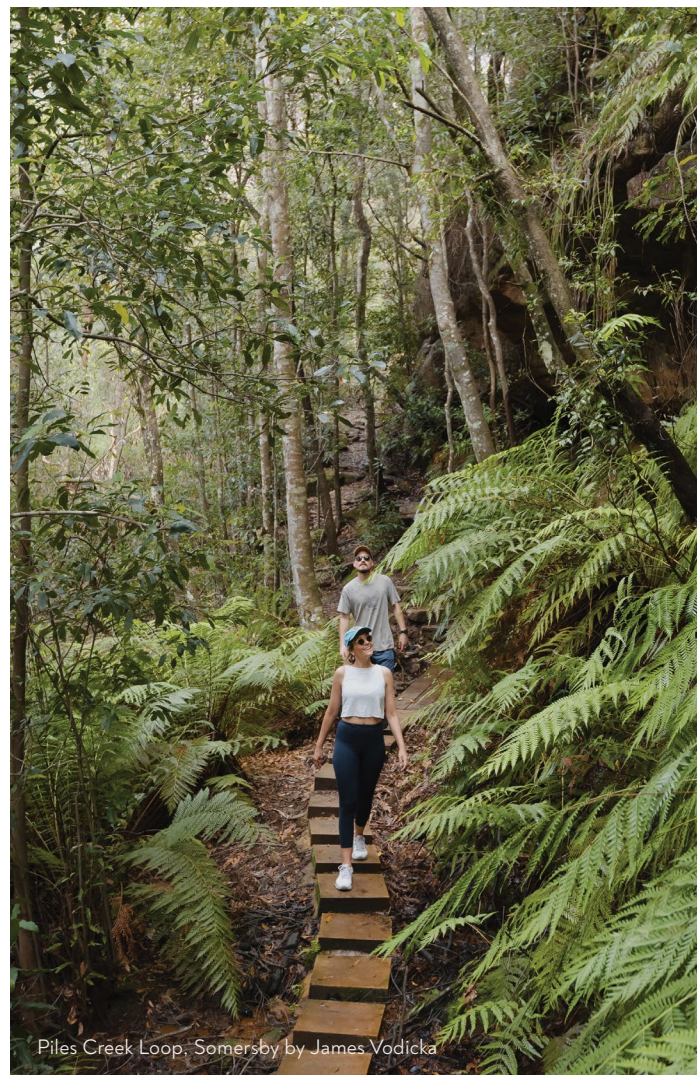
Bushwalks

**In need of some bush medicine?
Take a hike in the great outdoors
of the Central Coast.**

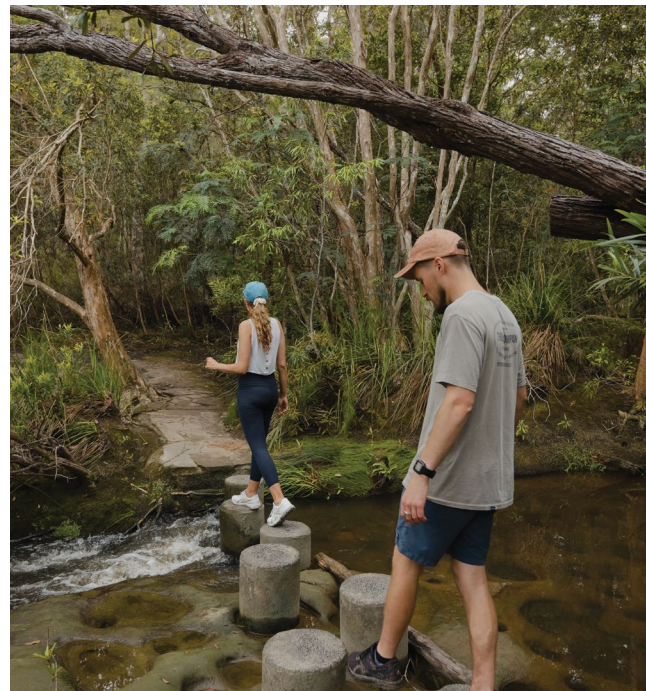
The Central Coast is well known for its stunning coastal scenery and gloriously green bushland. What better way to experience the natural wonders of the region than by exploring one of our many great walking tracks.



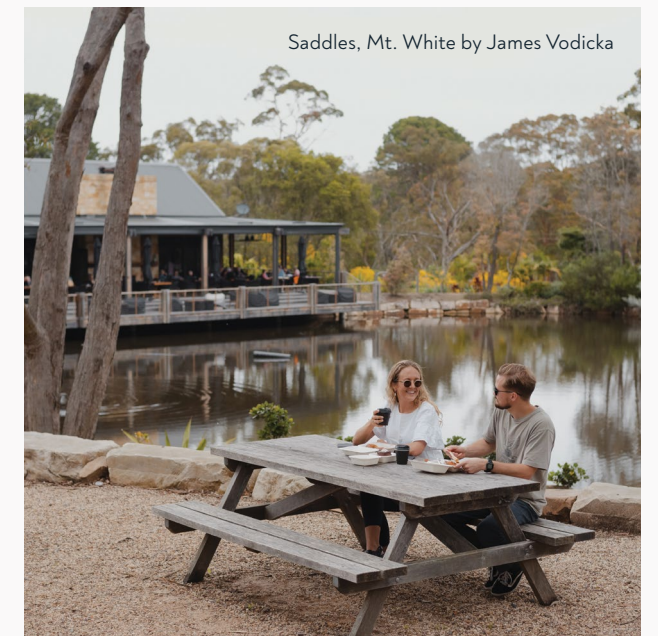
Check out some of the most magnificent walking trails in New South Wales and our tips for planning your outdoor adventure.



Piles Creek Loop, Somersby by James Vodicka



Pick Your Own Oranges, Dooralong by James Vodicka



Saddles, Mt. White by James Vodicka



Iris Lodge Alpacas, Jiliby by Chris Court

Hinterland

More than just beaches, the Central Coast has some surprising experiences as you head west from the coastline.

Discover the tranquil hinterland along Tourist Drive 33 or venture beyond to a World Heritage walk - there's just so much to offer for a well-deserved and unforgettable country escape.



Follow this itinerary to discover the north, meet our producers and have some farm fresh fun.



Sundae Sesh, Umina Beach

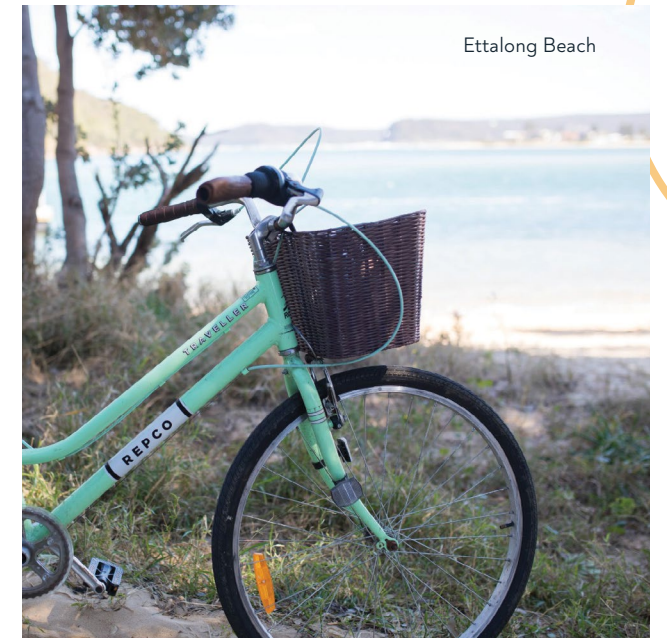
PLAY

Curated itineraries

We've taken the hard work out of planning and curated itineraries to help you unearth the Coast's hidden gems and hero experiences.



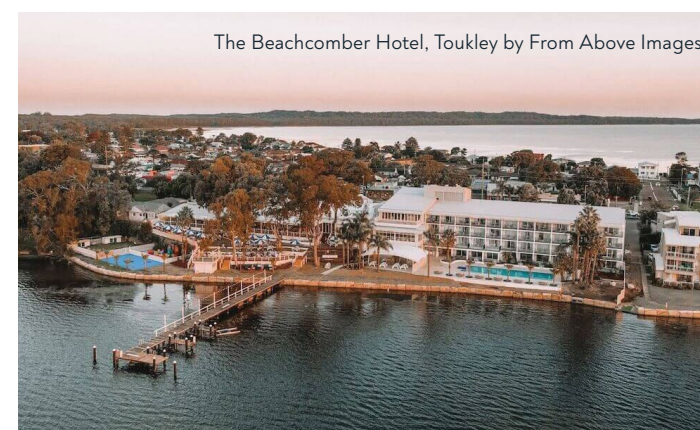
Get inspired with our bespoke itineraries, made for you.



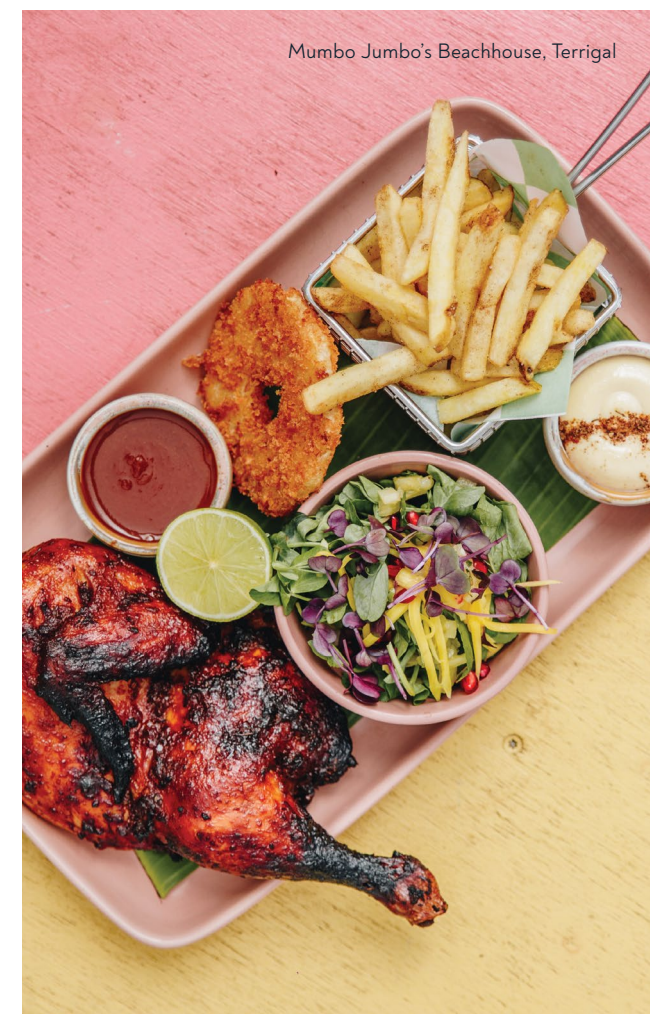
Ettalong Beach



Woy Woy Fishermen's Wharf, Woy Woy by Nikki To



The Beachcomber Hotel, Toukley by From Above Images



Mumbo Jumbo's Beachhouse, Terrigal

Best puppaccino spots

If a holiday just isn't something you do without your bestie, the Central Coast is the perfect place to visit with a long list of cafes, restaurants and experiences where four-legged guests are welcome.

When looking for a place to stay or planning your breakfast, brunch or evening meal, it helps to know where our most pet-friendly spots are. This list should make it easier than ever to enjoy a fuss-free day out.



Check out this long list of cafés and restaurants where doggos are welcome.



Best dog-friendly walks

Looking for cool new walks for your doggo?

The Central Coast is home to a collection of off-leash parks, reserves, picturesque, shared pathways, and beautiful beaches where your four-legged mate can enjoy the great outdoors with the whole family. Your best bud will love trying some different places to sniff!



New dog-friendly places to play.



Two wheel adventure

Ready for some people powered adventure?

Cycling offers adventure and pleasure in equal measure. Get outdoors, take to two wheels - or three if that's your style - and enjoy the best cycling routes across the Central Coast region.

Cycling is the eco-friendly option to travel long distances with ease. Sight-see, stop for an essential espresso and enjoy feeling fit and free. Our extensive network of shared pathways and cycle tracks will transport you there instantly.

There are so many reasons to pedal your way from home to café, gallery to bay, or lake to lunch. Conquer BMX tracks, mountain biking in State Forests, or pedaling the perimeter of Tuggerah Lakes with the family.



Plan a safe and exciting cycle trip on the Central Coast with this guide.



Long Jetty



Budgewoi Lake



Ettalong Esplanade / foreshore by James Vodicka

Norah Head Lighthouse, Norah Head by James Vodicka

Shared pathways

Explore local waterways along our most scenic shared pathways.

From lakeside foreshores, picturesque promenades to beachside boardwalks, it's easy to take a self-guided tour of our region's beautiful waterways with this list of local routes.



Tour our most scenic shared pathways.



ACCESSIBILITY

A mobile holiday

We're proud to offer accessible beach features across the Coast.

To improve access and inclusion for people with limited mobility or living with a disability, during the lifeguard season from September to April, Central Coast Council provides beach wheelchairs at 13 of our beaches and has installed beach matting at four popular locations.

The Central Coast has 200km of stunning off-road shared pathways following natural waterways, lakes and pristine coastline. Our foreshore walks are an easy way to reconnect to nature with inclusive playgrounds, toilets and water fountains along the way. Many businesses have highly accessible offerings for things to do on the Coast.



Plan your accessible holiday on the Central Coast.



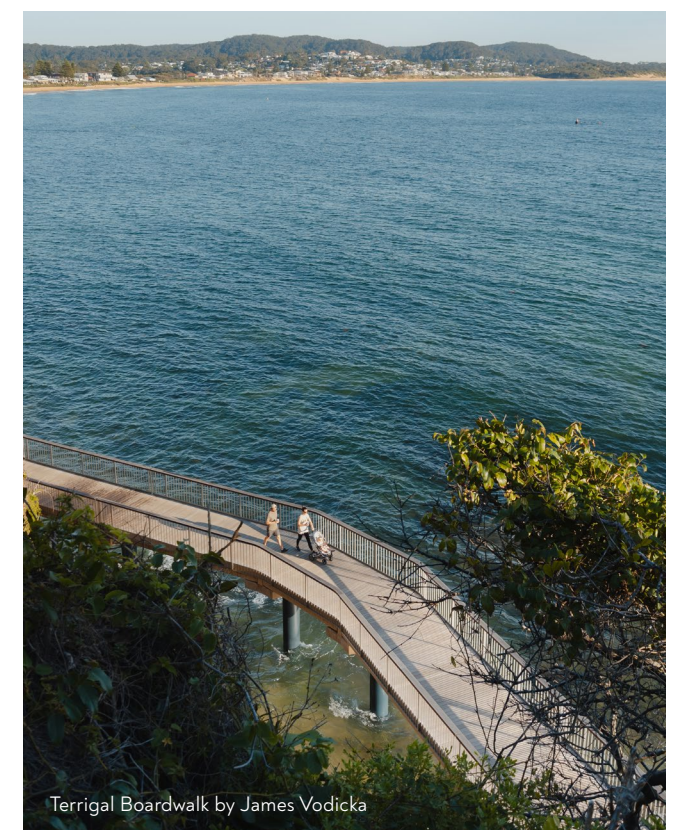
The Entrance Ocean Baths



Terrigal Beach



Peninsula Recreation Precinct, Umina



Terrigal Boardwalk by James Vodicka

Holiday with the kids

With our network of national parks, dog-friendly forests, calm waterways and patrolled beaches to explore, you'll find endless outdoor activities for the kids across the Central Coast.

There are plenty of activities across the Coast that will get the kids out, burning off energy and laughing til their belly hurts.



Check out our list of things to keep your little angel or monster entertained.



Grace Springs Farm, Kulnura



Terrigal Beach House, Terrigal



Peninsula Recreation Park, Umina



Strickland State Forest by Forestry Corporation

Arts & culture

The Central Coast landscape and lifestyle have inspired artisans of all disciplines to explore their craft and follow their passion.

Enjoy the riches of their talent by visiting local galleries and performance venues around the Coast. Food and art can also fill a rainy day.



Experience the Central Coast's vibrant creativity on this art and culture trail.



NAISDA Dance College, Karingong



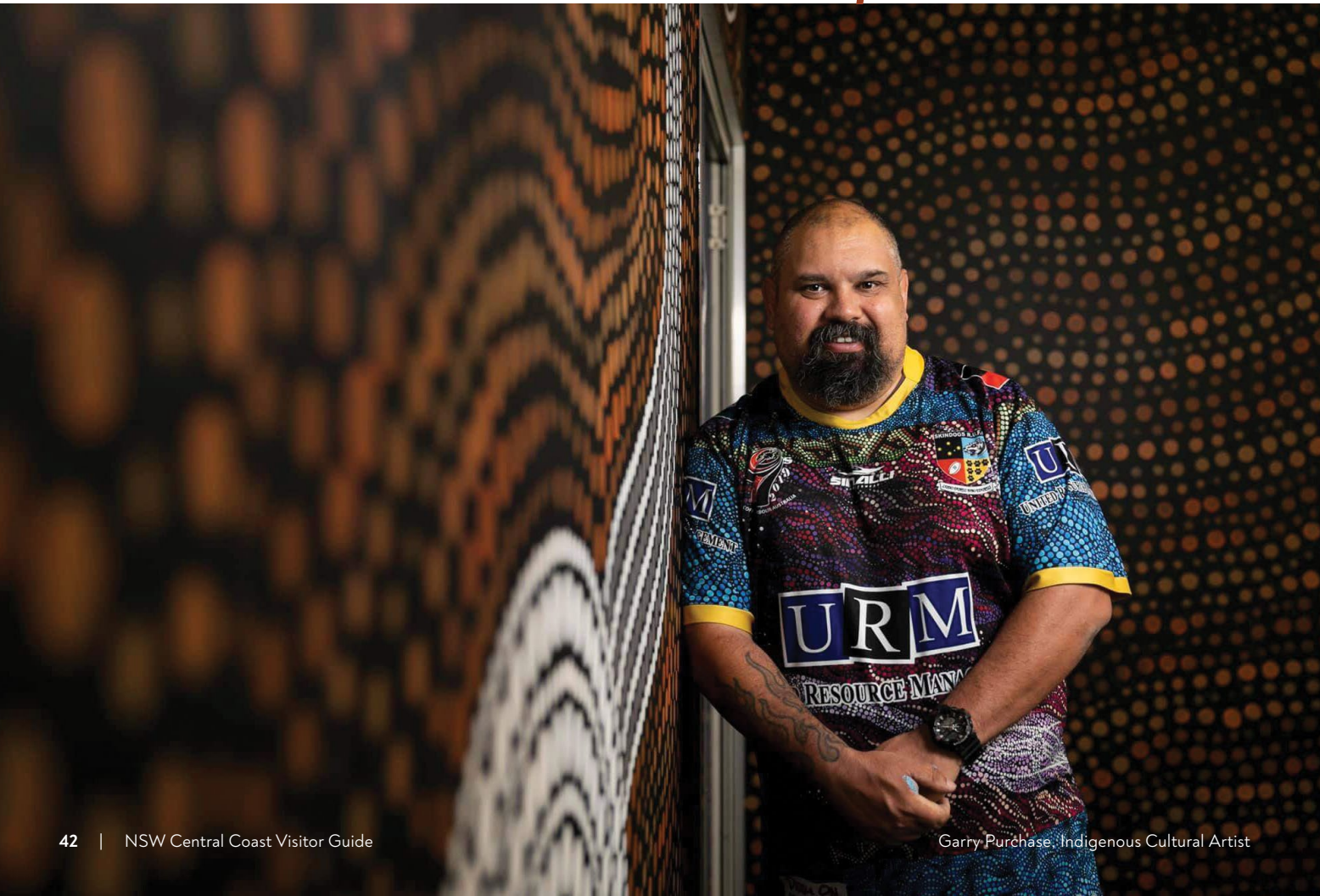
The Lakes Festival, The Entrance



Gosford Regional Council, The Japanese Commemorative Garden



Grant Molony by Destination Sydney Surrounds North



Garry Purchase, Indigenous Cultural Artist



Naughty Noodle Fun Haus by David Benson



Coastal Twist Festival by Chrissie Hall



Naughty Noodle Fun Haus by Lisa Haymes

Events

From cooking classes to concerts, festivals to farmers markets, find events that add colour to your calendar.

The Central Coast is a vibrant region with a full events calendar sure to delight. Our local makers and creators, musicians, artisans and producers often gather to share their skills and products.



Visit the region for one of our major annual events or check out what's on while you're here.



Chromefest, The Entrance



Harvest Festival, Full Circle Farm, Jilliby



The Lakes Festival, The Entrance



Avoca Beachside Markets

WHAT'S ON

Markets

Nothing showcases the vibrancy of the Central Coast quite like our markets.

With several markets across the Coast to choose from every week, and new ones popping up all the time, you'll be sure to find that special locally made treat or souvenir to remember your visit.



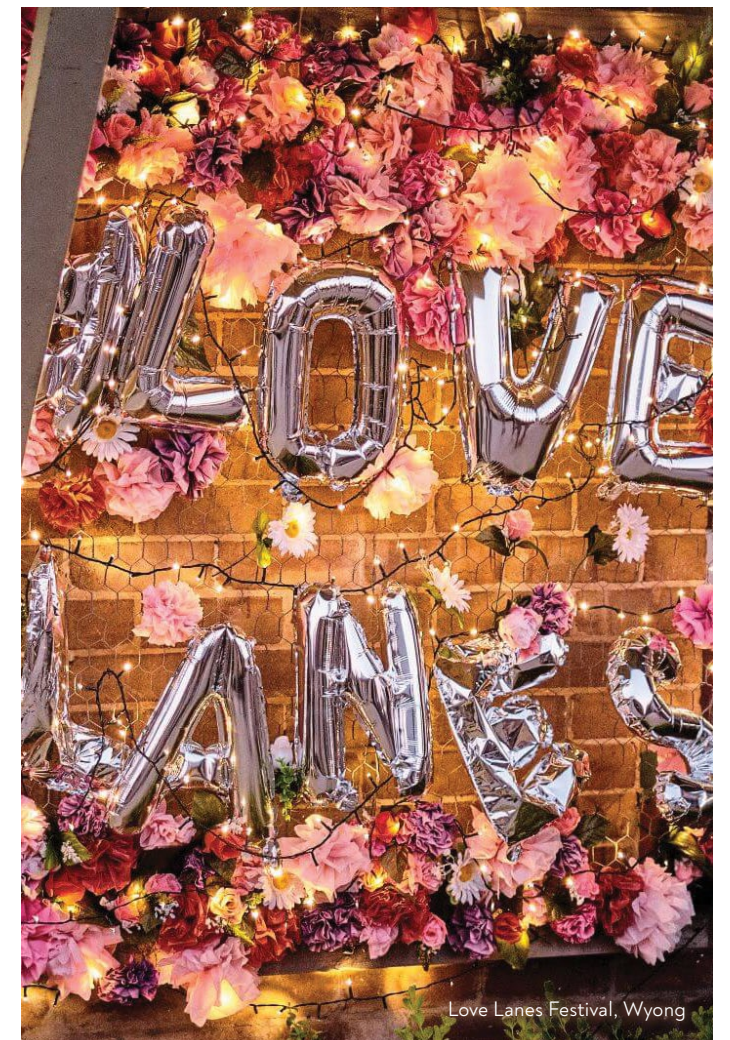
Find a market near you.



Live Well Festival, Gosford



Flavours by the Sea, Terrigal



Love Lanes Festival, Wyong

Connection, inspired by nature

**Loving your holiday on the Coast?
Suggest it for your next workcation.**

As we all look for ways to recalibrate our working minds – ways to slow down, truly soak up information, reconnect with our colleagues and environment, and stimulate creativity and idea generation, we realise the Central Coast does many things right.

Break away from Zooms with meeting itineraries that seek out tranquil and inspiring ways to build teams and do business more purposefully.



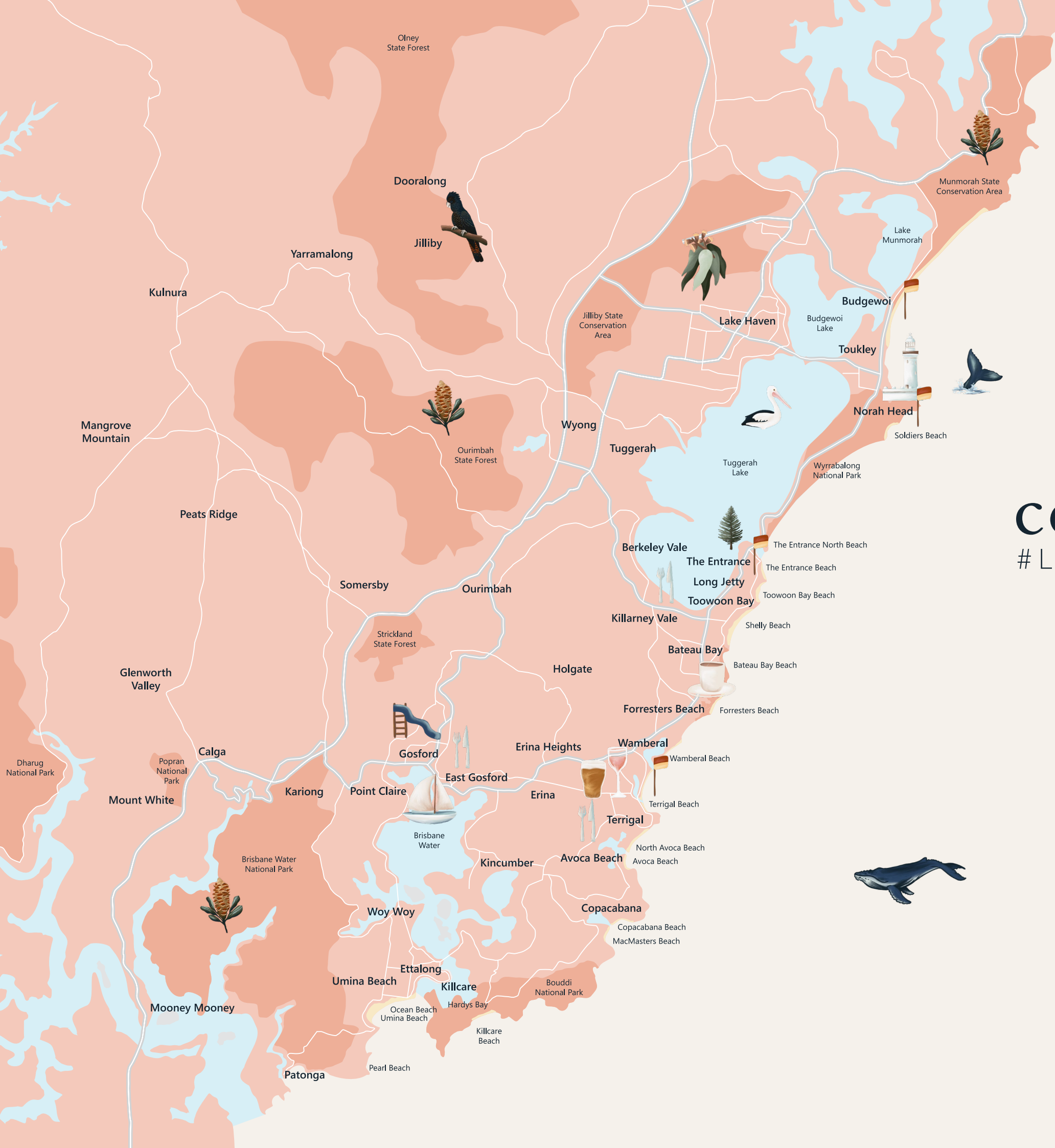
Learn more about Business Events, the Central Coast way.



The Beachcomber Hotel, Toukley



Girri Girra Aboriginal Experiences, Bouddi National Park by Dominic Loneragan



centralcoast
#LOVECENTRALCOAST



LET US KNOW



What do you think
about the Central Coast?



@LOVECENTRALCOASTNSW
LOVECENTRALCOAST.COM

centralcoast
NSW

Central
Coast
Council